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Speech by Master

It All Depends on You

Guru Purnima Day, 22 July 2013, Chennai, India

Dear brothers and sisters,

“I did not know anything about Guru Purnima – I mean most of us don't know anything about it. I once happened to be in Shahjahanpur with Babuji Maharaj, and somebody said, “Oh, it is good you are here today. Today is Guru Purnima.” So, later I asked Babuji Maharaj, “They say today is Guru Purnima. What is it all about?” He said, “Parthasarathi, it is a very auspicious day on which, if you are with your guru, special things can happen and your progress can be speeded up to any extent.” I said, “Babuji, does it apply to all?” He said, “Yes, it can, but it depends on each abhyasi. What they bring here with them we try to clean out, but many don't want to change. I can change the inner condition, the spiritual condition, but the external, the behaviour part, the character,” he said, “that is

the abhyasis duty: to convert and change. Otherwise the inside and outside will not match, and,” he said, “progress will not continue, may even stop.”

So I want to emphasize that. Let us take a small instance – you go to a swimming pool, public pool. In most places you are required to take a shower before you enter the swimming pool so that you do not carry your dirt with you into the pool and make the water dirty. Isn't it? So, in Sahaj Marg also, when you come for satsangh you are expected to give a few minutes, devote a few minutes to cleaning by yourself, so that your receptivity is improved. But I don't know how many do it. You are supposed to do it every time you sit for meditation, whether here or at home.

So, it all depends on you what you take. As Babuji said, “This house has no doors. Come and take



whatever you have the power to take.” So Sahaj Marg has infinite blessings to give us, but how much are we able to take with us? I remember once I told jokingly – I was talking to Babuji, it was midnight in his bedroom, and Babuji was saying how sorry he was that people don't appreciate Sahaj Marg, they don't know what they are missing. They come and go, they come and go, like a bucket without a bottom going into the well, coming back empty every time. I said, “Babuji, I know from my own little experience of Sahaj Marg that finally I think you will be the only person to go to the brighter world” – from the four or five thousand at that time who were abhyasis. He said, “Yes, it looks like it. Maybe two or three more.” You see, what he said? – himself plus maybe two or three more!

Now if I am asked to say, I mean, I would not say because... I mean the thing is so bleak. The value-spectrum has not changed; people don't want to change. They still hold on to their prejudices. They still hold on to so many things they should have given up long ago. When you enter into a pond and come out, even if you don't scrub yourself and all that, you must have some cleanliness. It is very sad to say this, especially today on Guru Purnima Day, but more and more it depends only on you; don't

blame Sahaj Marg, don't blame the Master, don't blame the system. Here is an ocean of bliss, infinite bliss, and if you still look in the mirror and see what you are and you don't see any change in yourself, you look into your heart. How many of you are free of prejudices? How many of you still go by your caste, by your community, by your provincial (whatever it is) attributes? And opinions you formed about people fifty years ago, you still carry. You don't even say, “Even if I have not changed, he may have changed,” or “she may have changed.” So how are such people going to progress?

For me, I have stopped thinking about this because it is quite a situation which causes despair. It is like a mother who has twenty children. What would you think of her if she says, “I hope at least one of them will come up.” Isn't it? A mere mother, a mere woman in a mere earthly situation, saying, “At least one of them, I hope, will come up.” What must Gandhari have felt when she saw her hundred children being killed progressively until Duryodhana was left. And he too went away and only she and her husband went into vaanaprastha [jungle]. What must she have felt?

Just try to imagine what your guru must be feeling when he sees the same problems, same prejudices,



same quarrels, same lies. It is very saddening. And Lalaji Maharaj, Babuji Maharaj – they have given so much to our development, our progress. I hope in the brighter world their hearts cannot feel despair, otherwise even there they will think, “What is happening? What is happening in this country, to our abhyasis? Same people, same prejudices, same problems. Transmission going on and on, day after day, day after day; are they even conscious of what they are receiving?” Are they conscious of the efforts, the sacrifices that are made for them, and are continuing to make day after day? If a mother is making sacrifices for her children, can you evaluate the sacrifices that are made by your spiritual guides and teachers? Can you evaluate?

This morning lying in bed, I was calculating – since I was born on the twenty-fourth of July in 1927, I could not have seen a Guru Purnima [that year]. So today is my eighty-sixth Guru Purnima. Even if you progress one step, another step, another year... but here you don't even have to walk; you are carried! Those of you who may have read the books, the example of the kangaroo that Babuji gives, where the kangaroo carries its baby in its pouch. Here we are literally in every sense, carried. And yet we rebel and fall, rebel and fall, rebel and fall, and then justify by saying, “After all it is a very difficult way.” [Inaudible] It is difficult only if you

have to walk. You are not made to walk. If you say, “I am too weak,” he carries you. But our prejudices say, “No, no, no, I don't want any help, because I prefer to do it myself.” And then nothing is happening. So gurus may come and go; India remains what it has remained – more and more corrupt year after year. You can just see today's Indian scene, what it is – it stinks.

So what do we do about it? Do we at least see Sahaj Marg, a small society which is at least a little encouraging, heartening, and say, “Well, there is this small nucleus of human beings who are earnestly trying to get out of this mess, this stinking pool of humanity, and to evolve out of it”? Again, as Babuji said, one or two or three.

So I want you all to digest this message. Don't exempt yourself – any one of you. Don't exempt yourself from the need to examine yourself sincerely, and to evaluate yourself, and at least now to start throwing off all those dirty things that you know you have. It is not as if you don't; you know. And let us hope by Master's grace that we will see a better group emerging out of this, and more and more qualifying. And in years to come we can say, not one and two or three, but, by His Grace, most of them, if not all of them.

I pray for you all. Thank you”

Master's news

Rev. Master's health update

Source Sahaj Sandesh No: 2013.40 Tuesday, 20 August 2013

“Dear brothers and sisters,

I am sorry that it took me very long time before coming back to you and share Rev. Master's health condition. Rev. Master is responding to the current treatment well, but the side effects of the medication has made Him weaker.

He continues with physiotherapy on a regular basis, by sheer will-power only.

All His parameters are normal. Please keep praying for His good health.

He thanks you all for your prayers which are helping Him.”

Sincerely, Dr. Natwar Sharma

Moments with the Master

Manapakkam, July 26th 10:45 a.m. – 12:10 p.m.
Onia Tomás (Spain) and Bani Surapu (Atlanta)



“Today we had the opportunity to share some time with Master. He was sitting at the back of his cottage in the ashram, having some fresh air, surrounded by a group of approximately thirty abhyasis. Sister Christine Priland (Canada), who is editing the Mission’s books, was by his side. She was reading some paragraphs from *Reality at Dawn* while Master made comments and clarified any doubts she had.

Soon Master was in such good mood and so full of energy that he started speaking about power. If Master gives some power to someone, and this person does not utilize it, as in the case of prefects who do not do their work, this power accumulates and creates grossness. When Babuji was unable to find a person to whom he could give these powers, he would give them to Nature so that they would be used whenever necessary.

In general, Master looks for humble, good hearted people, eager to work, to give power to. The ability to do the work is given by Master. He said that if schools can teach skills, the Master can also do it.

He asked the group what, in their opinion, was the difficulty Kamlesh would have to face as a suc-

cessor that Master did not have to face. Someone said that now there are more abhyasis than before; someone else said we know beforehand who the successor is, another one mentioned that there are more properties to manage, etc.

And then Master answered this question, saying that for him Babuji was the only master, and that he had met him as such since the very first day. On the other hand, Kamlesh first met Chariji as a brother, and only later as a Master. At the beginning, it was difficult for him to accept it. But Kamlesh, who was also present, said: “This is not a problem, on the contrary, I have the blessing of two masters, Babuji and you.”

Some European and Russian abhyasis were sitting outside in the sun, it was noon and the sun was getting very hot. Master told them to sit in the shade and not get sunburnt as they had such fair skin. He didn’t say it to be polite, but rather as he was concerned about them.

Master mentioned that it would be good to plant a tree to bring shade to that sunny area. The gardener was immediately called and it was discussed what kind of tree should be planted and the exact location.



He spoke a little about different languages, and about how he was once with a group of Germans, carrying big dictionaries translating a book by Babuji. Though Babuji was sitting at a distance, when Chariji suggested something, Babuji said that Chariji was right. Babuji, who did not know any foreign language, whenever necessary, he seemed to know about the language in question.

He remembered that exactly a year ago he became ill and was unconscious. And that on the day of his birthday, he woke up and wanted to go and give satsangh to his abhyasis, and so he asked his grandson to bring him his clothes. His grandson had to explain that he would not be able to as he was very ill, he was very ill and weak and could not get out of bed. Then, Master said with such kindness that his daughter-in-law, his grandchildren and his son had taken such good care of him and had even spoon fed him.

Later, a Russian abhyasi told Master that she was leaving the next day and asked him to bless some sweets. Then, Master said that the astrologist had told him that he was going to travel, and that he wanted to ask Babuji to give him one more opportunity to visit Russia. So, every abhyasi gave him different suggestions about the different routes he

could take. But Master said that it had to be a trip of no more than three hours so he would not get tired. One abhyasi said that he could go to Bangkok, which was a three hour flight and from there to Russia, another three hours. Everyone was looking for the shortest possible way for Master to go to Russia. Then, someone suggested an express train from Russia to Paris! We all had a good laugh.

Then Master remembered his trips with Babuji and how he had to buy him shoes upon their arrival in Europe. When he was buying the shoes, it occurred to him that Babuji could get sick during the trip and what would he do then, but immediately he had another thought, what would Babuji do if instead Chariji got ill. He turned to his doctor and asked him whether taking that into account he would allow him to travel. The doctor said yes, but that he would have to increase his will power. When he said this, Master looked at him and we all laughed (for Master has been living only on his will power).

All this happened as a play where Master was the director and we the actors. We all enjoyed this hour and a half with Master, in which he entertained us and made us happy with his humor and stories.



learn to meditate

Mission's revamped web-site

Sahaj Sandesh No: 2013.34 Wednesday, 31 July 2013

“Dear sisters and brothers,

We are happy to announce the release of the Mission's revamped web-site <http://www.sahajmarg.org>. The site has been carefully redesigned to introduce the beauty of Sahaj Marg in a simple way to seekers and prospective abhyasis. Abhyasis can continue to access more-in-depth information by clicking on the abhyasi link at the top right corner of the website or by directly accessing (or bookmarking) the web page <http://www.sahajmarg.org/abhyasi>.

We invite you to explore the web-site and also share your feedback at webmaster@sahajmarg.org.

Omega Alumni Seminar

Monday June 3, was the first day of the Omega Alumni Seminar - Session 1. Master came out at 9 a.m. and conducted satsangh. The satsangh lasted for an hour and then Master gave a talk. In his inspiring talk he mentioned about the various degrees of corruption in India and how it is up to the next generation to take up the responsibility to shape the future, not just of themselves but of the nation itself. Master said each one of these students should not change due to pressures of society but by being a catalyst which does not change they can bring about change in the society. Master said that this is what he is expecting from the Omega students, not just scoring high marks but they should come out as good and well-rounded human beings, who give



importance to aspiration and not ambition. He again reiterated the fact that money cannot give happiness or contentment but contentment will give happiness. Master then asked a few other abhyasis to give talks. All the alumni members were asked to come to the cottage by 9 a.m. every day for satsangh.

Dialogue with LMOIS students

Master spent a lot of time with the Omega Alumni members. Once, the entire seminar group of seventy odd children were inside Master's office room, completely surrounding him. Several questions were asked and Master answered them all with equal if not even more enthusiasm.

About marriage, Master said, "Don't let your eyes decide. Let your heart decide. And don't be compelled by your parents. Tell them that it is my life. You had your life. I didn't tell you who to marry and so, you don't tell me who to marry. I will marry who and when my heart says yes. No consideration of caste or money or anything and no Amitabh Bachchans, ok!!!"

One boy said, "Master, I want to join my father's business". Master replied, "Yes, but remember, honest business always pays. You see, like, an honest investment gives you 8%, 9%, 10% but dishon-

est investment gives you 40%. But then there is a risk. Isn't it? You may lose your money, you may get a bad name, you might have to go to jail. So, honesty doesn't pay dividends like that. But, you lead a happy life if your investments are safe."

One boy said, Master I don't know what to do. Master responded, "Don't worry, the door will open. You see, if you are going in a single road, you don't need to worry, but if there is a branch and there are three roads, then you need to wonder which one to take. So, there is a problem with choice. When you have choices, then you think that there are three roads or five roads or fifteen roads and you are anxious, you have blood pressure, because you don't know which one to take. You know in your heart, but there is always this problem of the heart pulling one side and the mind pulling one side. So, tell the mind to shut up and follow the heart. You will never be wrong."



Inauguration of Singapore Meditation Center

Sahaj Sandesh No: 2013.30 Thursday, 11 July 2013



On the 3rd of July Revered Master inaugurated, through Skype, the Singapore Meditation Centre. On this auspicious occasion, Revered Master gave a talk to the assembled abhyasis in Singapore, a video of which can be viewed at <http://www.sahajmarg.org/literature/online/speeches/skype-20130703>.

For more information about the meditation center please send an email to smsfsingapore@sahajmarg.org, and web site will be updated with additional details about the meditation center shortly.

Glimpses • Sahaj Sandesh No: 2013.37 Friday, 9 August 2013

The latest installment of 'Glimpses' can now be viewed on the Mission's web-site by clicking on the following link. <http://www.sahajmarg.org/glimpses>

An Invitation

The publication team invites abhyasis and their children to contribute creative content towards publications. Submissions may be in one or more of the following categories:.

- Art, collage, painting, or any other form of artwork that is your own creation.
- Photographs taken personally by you.
- A design composition developed using Adobe Photoshop, or similar software – with clear references to the source of images / artwork used in such composition.

Such design contributions received will be reviewed by the publication team and may be selected for use as part of the cover design for books or Audio-Video publications of the Mission. By sending in your content for consideration, please note that you are granting full publishing rights to Spiritual Hierarchy Publication Trust.

These contributions may be shared in the following manner:

- Electronically, by sending a low-resolution digital copy (< 1 MB) through email to design@shpt.in. We will request a high resolution file in case the work is selected
- By postal mail to the following address
Design Team
Spiritual Hierarchy Publication Trust
Admin Building, Babuji Memorial Ashram
Manapakkam, Chennai – 600 025

Please provide your Name, Age (in case of Children), Abhyasi ID (of parents, in case submission is by a child), Center name, contact address, phone number and email address when you submit your design. If your design is selected for publication, the design team will get in touch with you.



Young Activities

International Youth Seminar - Rio de Janeiro

Dear Sisters and Brothers

We would like to invite you to the International Youth Seminar
Rio de Janeiro - (November 14 through 17)

Theme: Spirituality in the Material World

For international abhyasis (abhyasis from abroad):

Abhyasis from abroad are invited to arrive in Rio de Janeiro on November 9th, spend some time visiting Rio de Janeiro with other young abhyasis as well as meet with the local abhyasis.

It will be a great experience to share the material life with other young abhyasis before starting the spiritual seminar program on November 14th.

Seminar:

The first Latin-American Youth Seminar will be held in Rio de Janeiro during the Brazilian Holiday of the Proclamation of Republic.

The seminar starts on the evening of November 14th and ends on the afternoon of November 17th.

The event will be organized through volunteering. The program will comprise both the material and spiritual life – our two wings, as well as health food. We will work and learn together while practicing Constant

Remembrance.

We will try to minimize costs. The amount charged will depend on the number of participants. The accommodation will be free, and the donations will be invested to cover the costs of infrastructure and food.

Please click on the link below to register so we can have the info of your flight and date of arrival:

<https://docs.google.com/spreadsheet/viewform?formkey=dDUwVWVWdWh4azRvN3hmcUo3QUJ6ZkE6MA#gid=0>

Regards,
The Organisation Team



Activities in the centers of Latin America

Argentina

Sahaj Marg National Seminar in Argentina

Dear Sisters and Brothers:

We have the pleasure to invite you to the Sahaj Marg National Seminar in Argentina that will be held in the city of Buenos Aires on November of 2013.

We will send you very soon the complete program of activities, but here you have in advance some information for your travel arrangements.

Date of the Seminar:

Opening: Friday 1st of November of 2013 at 08:00 p.m. approximately.

End: Sunday 3rd of November of 2013 at 12:00

Location:

Hotel Bauen

Address: Av. Callao 360, Buenos Aires Capital Federal. This is in the center of the city.

Phone: 011 4373-9009

Accommodation:

The hotel offers very convenient prices:

Rate per person: \$170 in double, triple and quadruple rooms.

If the room is for one person the rate is \$300

We have to take in account that in order to participate at the complete seminar, the reservation has to be made for two days.

This rate includes breakfast.

Meals:

The hotel offers us a **simple vegetarian menu** that includes the main course, a desert with and a beverage included (soda or water).

Complete rate (lunch and dinner) for Saturday, **\$170 per person**

Half rate (lunch or dinner) for Friday and/or Sunday, **\$100 per person per day**

The total cost of the meals during the seminar will be \$370

Seminar costs:

In order to rent a room for the event it will be charged a fee of \$200 per abhyasi.

Total cost (approximately):

For all those participants who want to be part of the event from the beginning the

total cost will be approximately \$900

Please note that all the prices and rates are in Argentine Pesos.

Important:

To make reservations with these rates it is required to communicate with Bauen Hotel's administration, Mrs. Elsa Vera via email: **elsa.bauen@gmail.com**

She is the person in charge of the coordination of our reservations for which you have to **refer to this person for a reservation for the Sahaj Marg Seminar**. We also suggest that all the communication that is sent should include **hmoral@gmail.com** in copy, so we could assist you in any requirement.

We are waiting you with a lot of joy!

In Master's remembrance!

Hernan Moral
hmoral@gmail.com



Activities in the centers of Latin America

Brazil



Workshop “immersion in Whispers from the Brighter World”

São Paulo Center Team

On 31st of August 2013, the workshop ‘Immersion in Whispers from the Brighter World’ took place at ‘Gayatri’ ranch. A group of 16 abhyasis from São José dos Campos, Rio de Janeiro, São Carlos, Guarulhos and São Paulo were welcomed by Rosane and Arnaud, who together with their daughter Clara, provided us with a pleasant weekend.

On Saturday morning, at 9:00 a.m., after a delicious breakfast, we began the study of the ‘Whispers’. The messages had been selected by Arnaud and Rosane and organized by themes.

Firstly, we studied the subject of ‘Incarnation’, followed by ‘After this Incarnation’.

At 11:00 a.m. the morning satsangh was conducted.

After lunch, where a wonderful Moroccan couscous was served, we studied ‘The Earth and the Universe’

and lastly ‘The Divine Love’. All the themes made us reflect on our role here on Earth and beyond, our responsibility for this home and what the divine love provides us with on this journey.

The messages were absorbed silently. The content was very deep, taking people to deep introspection into their hearts. An example of the balance mentioned by Master Babuji on the issue of two wings.

At 5 p.m. the afternoon satsangh was conducted, followed by a closing session, where the participants freely expressed their feelings. It was very exciting and a new gathering was scheduled for November.

Next day we had a satsangh at 7:30 a.m. followed by breakfast and a walk around the ranch. After goodbyes we left. Master undoubtedly accompanied us throughout the whole process with all his love.

Chariji's birth anniversary

Garopaba - SC

Brazil celebrated the birthday of the Master with a National Seminar in Garopaba - Santa Catarina, in the period 19 to 24 July 2013.

Approximately twenty-seven abhyasis of Santa Catarina and other centers of Brazil participated in the program, which included two satsanghs, daily studies and DVD of Master.





Activities in the centers of Latin America

Jamaica



Grounding in the Practice – Jamaica

Patrice Gowdie, Kingston

“Despite the tropical storm watch for Jamaica, Hurricane Chantal reversed her course and the successful journey to East, Portland, was again a reality.

Sisters Sharon Miller and Faye Hartley, having requested that there be another open house in that parish, willingly circulated flyers of invitation and verbally invited people. The local newspaper was also utilized for notifying the public.

On the morning of Saturday, July 13 at approximately 10 o'clock, four brothers and three sisters boarded two cars and set out happily to Portland, about two a two hour ride, to begin the seminar on the same evening.

Interestingly, this part of the island attracts torrential rains but while there, we were notified that the rains were behind us, in Kingston, from where we had come. We found this quite awesome because the clouds indicated that rain was likely to pour but the great and un-

fathomable Master works in marvelous ways.

The seminar commenced at 7:00 p.m. with satsangh. Sister Patrice facilitated the evening's proceedings during which we paused for the Universal Prayer. There were two abhyasis from Portland and Kingston who were attending for the first time.

The module was carried over to the following day, Sunday, July 14 after satsangh. There were, now, nine of us in attendance since another sister of Portland had joined the group. To facilitate her, which inevitably benefitted us all, a recap of the module was done before continuing day two.

The Open House which was scheduled for 4:00 p.m. was attended by a brother from Portland. He willingly participated and expressed interest in getting a group together for another Open House there.

We had a wonderful weekend filled with Master's Grace.”



Activities in the centers of Latin America

Martinique



Master's Birthday Celebration in Martinique

Georgette Cholley

“We gathered at one sister abhyasi's place who always opens her heart to host us in her beautiful house at Trinite. We do thank her for that. We were about fifteen of us to celebrate the birthday of our beloved Master. "This is a day of joy!" exclaimed another sister abhyasi who felt filled with joy and love.

The program began with a satsangh at 6:30 a.m. we had a second one at 11 a.m. followed by Master talk called 'Awaken to the Truth'. The atmosphere was light and relaxed, as if we were waiting for the physical master, up to the explosion of joy when sharing lunch. We felt as if our hearts were prepared for the occasion and already open to express all the love, gratitude and joy for our Master during this day of grace.

Another DVD was projected showing the two masters, what a pleasure to watch the rare recordings of Babuji. We closed the day with a satsangh at 5 p.m. We went back home with full hearts.

We took advantage of the special vibrations of those days. The days preceding a big celebration are great opportunities for our spiritual work. The emergence of samskaras and the mental distress resulting from them allows us to be aware that something is happening within us. The course is difficult to pass but the connection with the inner teacher helps us to bear.

If we keep in mind the importance of cleaning while being focused on the goal, we can be stimulated during these delicate moments.”

Activities in the centers of Latin America

Martinique



Notes from the North America & Canada Seminar August 11-17, 2013

Ananya Rao, Bangalore & Patricia Plus, fort de France, Martinique

“The theme of the seminar was: “Prejudice is the biggest obstacle to spiritual evolution” The closing talk given by brother Kannan began with a question related to the theme of the seminar. The speaker asked the following question: “So, what is the opposite of prejudice?” He thanked all those who spoke at the seminar and said that we are all now enriched with the knowledge given by all speakers. It is our duty to apply in our lives what we have learned when we go back home.

He mentioned that some of us have met Master but are not fully satisfied because Master did not look or spoke to them. However Master gave us so much during these few days and now we must take Him home with us, within us in our hearts.

During his talk, brother Kannan said that he was

surprised to see that the theme prejudices is not mentioned in Indian vedic texts. Only Babuji stated that prejudices were the biggest obstacle of our spiritual advancement. So in our system, we have been given a practice to get rid of it by:

- Doing the cleaning
- Developing brotherhood
- Removing suspicion, doubt and mistrust
- Building faith and trust
- Removing all type of negative thoughts
- Surrendering ourselves to Master as little children.

He concluded by answering the question asked at the beginning of his talk: “What is the opposite of prejudice?” He said the opposite of prejudice was innocence and purity that we must develop in us.



Activities in the centers of Latin America

Venezuela



Birthday of our beloved Master

Maria Lorenzo - Venezuela

“Each center in Venezuela celebrated the 86th birthday of our beloved Master Chariji.

The sisters and brothers of the centers of La Guaira, Caracas and Los Teques were gathered in the house of sister Teresita Bravo, at La Guaira center. There were twenty-two abhyasis participating in this important celebration, each one contributed with food, cakes and sweets to have breakfast and lunch. While we were entering to the house, the atmosphere that Master always prepares to give us his blessings could be felt. The portraits of the Masters (Lalaji, Babuji and Chariji), the flowers that are always part of these celebrations and the white chairs with red ribbons welcomed us for our first satsangh of the day.

There were two satsanghs, one in the morning and another in the afternoon. After the 7:30 a.m. satsangh, the *Whisper from the Brighter World* from the Fifth Revelation with date of 04/12/1999 was read. A letter from sister Bani with an update of the health of our Master was read. After sharing the breakfast, four videos from Master were shown. These were: The Divine Presence in The Heart Vol. I, II. After lunch everything continued with harmony and joy. We continued with another video and after the afternoon satsangh we proceeded to share the cake and sing Happy Birthday for Master.

Abhyasis from Maracaibo center gathered at sister's Lenis Valecillo's house. After morning satsangh there were some readings about tolerance, patience and love and each one gave their opinion about the topic. They saw a video and shared lunch in the end. It was a nice experience!

Sister Carmen Mora from the center of Valencia told us that there were two satsanghs held and they were followed by the reading from the Whispers from the Brighter World. There were also some readings from the book *Heartspeak* making some remarks of what was read. Breakfast and lunch was shared.

In the center of Merida, where our sister Elizabeth Sosa is present, they celebrated the birthday with a satsangh at 9:00 a.m. in the Botanical Garden of Merida. At the end of the satsangh they read a lecture from Master called “The Divine Presence in the Heart”. They continued in this place for some hours where the sensation of peace and calm was very noted.

Beloved Master, the brothers and sisters from Venezuela are deeply thankful for your blessings and we know that without you our spiritual progress is impossible. We wish you health and welfare. Happy Birthday!”

With love

Secretary of the Mission in Venezuela



Calendar of events 2013

October			
	Ecuador	Workshop GITP	
4/6	Brazil - Tremembe	National Seminar	srcm@gmail.com
11/13	Colombia	Meeting of Prefects	barrerocarolina@yahoo.es
13	Jamaica - Kingston	Grounding in the Practice training	unselfishlove2010@gmail.com
16	Chile - Viña	Open House	srcmchile@gmail.com
18	Guayaquil-Ecuador	Open House	ecervantes3vezes@hotmail.com
20	Chile - Chanquehue	Sahaj Marg family meeting	srcmchile@gmail.com

November			
1/3	Argentina – Buenos Aires	National Seminar	hmoral@gmail.com
8/10	Venezuela	National Seminar	mlorenzo0503@gmail.com
14/17	Brazil	Young meeting	srcm@gmail.com
16	Martinique – Fort de France	United Nation Day observation	martine-calka@wanadoo.fr
17	Haiti	Prefects Meeting	judithrj@yahoo.com
17	Haiti- Port a u Prince	Grounding in the Practice training	judithrj@yahoo.com
20	Jamaica - Kingston	Int'l Children's Day	unselfishlove2010@gmail.com
20	Martinique – Fort de France	United Nations Day observation	martine-calka@wanadoo.fr

December			
7	Haiti	Extended Day	judithrj@yahoo.com
14-15	Jamaica - Kingston	Regional Gathering	unselfishlove2010@gmail.com
15	Chile - Santiago	Workshop Cleaning	srcmchile@gmail.com
19	Jamaica - Kingston	Open House	unselfishlove2010@gmail.com

We request all the abhyasis who have any article regarding their experience about spiritual journey through the Sahaj Marg to send them to us to the following e-mail: leatorres@casadalea.com.br. Frequently, our shared experience comes as an act of love and can be of help to other sisters and brothers.

We wish to clarify that our Latin America Echoes is a quarterly newsletter issued in the months of March, June, September and December, reaching abhyasis all over the world. It is published in four languages (English, French, Portuguese and Spanish), and distributed to all the abhyasis in Latin America. It can also be accessed in the four languages through the Mission's site: www.sahajmarg.org.

Thank you, with love,
Latin America Echoes team

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For feedback, suggestions and news articles please send e-mail to leatorres@casadalea.com.br