



114th Birth Anniversary Celebrations of Pujya Babuji Maharaj



Our Beloved Master once again showered on us His eternal love and took the Mission across yet another

milestone in the recently concluded 114th birth anniversary celebrations of Pujya Babuji Maharaj at the Diamond Jubilee Park, Tiruppur.

Br Kamlesh arrived in Tiruppur on 26th. He inaugurated some of the facilities that were ready. There



were three satsanghs a day at 6:30 a.m., 11:00 a.m. and 5:30 p.m. until the 29th. There were also special satsanghs for all volunteers at 9 p.m. on 27th and 28th. On Sunday 28th May, Br Kamlesh conducted five weddings after the morning satsanghs.

Abhyasis had started flowing in from the 26th and joined volunteers in ensuring that all the facilities were in place for the actual celebrations. Tents, dining, kitchen, security, water supply, sanitation, canteen, children's centre, publications stall, etc. were up and running and catering to the various needs of abhyasis. Abhyasis were found pitching in wherever they saw the need and as a young child put it, "I saw volunteers working from their hearts."

Our bhandaras are events of spiritual splendour. They teach us to live a life of spiritual grandeur and material simplicity. Br Kamlesh Patel's address on 29 April, the first day of the bhandara, emphasised this aspect. He read out two of Babuji's messages from the Whispers and explained the role of the abhyasi in the grand plan of regeneration of humanity.





When the announcement was made on 29th about Master's expected address the next day through video telecast, the rejoicement of abhyasis was palpable. From then on, time started moving towards that moment when Master would appear on the giant screens in the meditation hall. When he finally entered the meditation hall at Babuji Memorial Ashram, Manappakkam, hearts were filled with love and eyes welled up. It was a moment of love and gratitude. The ensuing satsangh and a special message from Babuji Maharaj later that day, reminded us all of the divine care which the Mission and all the abhyasis are entrusted to. Babuji in his message said, "Only the total commitment of the heart, supported by a non-strenuous but regular practice, elevates the spiritual heart to its highest destiny."

In addition to the weddings on 28th, Br Kamlesh conducted four weddings on 29th, three weddings on 30th and four weddings on 1st. These weddings in the Sahaj Marg way, stand for simplicity and a way of integrating families across the boundaries of cultures and languages.

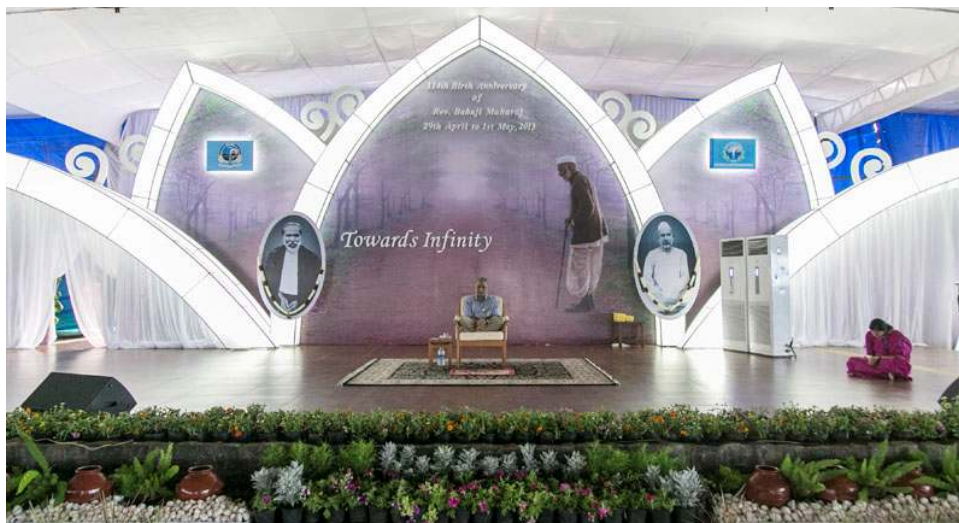
33,000 abhyasis and children took part in this year's celebration. A family of this magnitude lived joyfully for three days thanks to a dedicated team in the campus whose Master was hundreds of miles away directing them from heart to heart. How would one ex-



plain a kitchen that cooked for 25,000 people on an average, thrice a day, yet managed a near 'zero wastage'? The campus had twenty-three security posts from where our abhyasi brothers were working in three



shifts a day. The brothers and sisters in the accommodation team, who were the first to start work nearly two months ago, made our stay comfortable within the confines of our limited resources. It was hard to miss the absence of flies in the campus, especially in the kitchen and canteen. The hygiene house, sanitation and housekeeping teams worked in unison to give us a healthy and comfortable stay. They spent sleepless nights while ensuring our comfort and spent their resting time amidst barrels containing organic septic tank dousing solution, sanitisers and segregated waste. The result of their hard work is evident from the the fact that in the 2012 bhandara, 202 cases of gastroenteritis were recorded at the medical facility. This year it





was only 102 cases of travel diarrhoea and no case of on campus occurrence. Another reason for this was the drinking water treated in the RO plant. Given the hot weather of Tiruppur, 6 lakh litres of RO treated drinking water and 24 lakh litres of water for other useage were consumed in these three days. None could have missed the wi-fi enabled travel desk consisting of twelve counters which catered to the travel needs of abhyasis.

Several new publications were released during these celebrations. Some special releases, some new books and videos as well as some reprints in several languages were part of this release. There was an overwhelming array of Mission publications to choose from. A photo gallery extended this with beautiful framed photographs of our Masters.

While the adults attended satsanghs and other programmes, children were kept busy with activities based on their age groups. This was also the first time that activities were planned for children from 12 to 17 years. They were also taken on a tour of several departments around the campus to see their working and get a behind the scenes look at how the bhandara happens.

Br Kamlesh addressed the meeting of ZiCs and some CiCs and the Archiving team. Several volunteer teams also found this an ideal opportunity to meet and discuss their plans for the next few months.

There are numerous others who worked day and night to make the stay comfortable. The fact is that, all that happened in the celebration cannot be contained in mere words. Br Kamlesh in his concluding address, thanked all such agents of the divine who work in silence without attracting any attention and fulfill the will of the Master. The added bliss came on the last day when it was officially announced that beloved Master's birthday celebration will be held at Tiruppur this year. Time has once again started ticking towards that occassion, when the beloved would fill our hearts with love.





FEBRUARY 2013

Master was very busy and as a result, quite tired as well. Every day, he was giving three perfect sittings and on most days he would also give a sitting to abhyasis who were around. Among all the pressures of work and health, Master found time to invite about fifty ISTP participants to Gayathri.

He also invited the twelfth standard students of LMOIS and spoke about the fact that one should not memorize but should assimilate. Students must use the heart to evaluate and assimilate that which is essential and reject that which is not needed and teachers should guide the students along these lines.

MARCH 2013

Master was staying in Gayathri since the beginning of March while work on the cottage was nearing the final stages. On most afternoons, Master has been watching episodes from the new TV series, 'Upanishad Ganga' which he felt were not only good in content but also very well directed.

Inauguration of the Renovated Cottage

On Friday March 22, Master came to the meditation hall by 8:20 a.m. Many abhyasis were still assembling and Master patiently waited for about 15 minutes then conducted the satsangh for about 50 minutes. After performing an engagement, Master released three new books. He then went to the cottage and as he entered he said, "It has been six months since I moved out of the cottage." He cut the ribbon and lit the lamp in the middle of the hall. He offered prasad in his bedroom and distributed to everyone present. An abhyasi visiting from the USA asked, "Master, how can I handle the physical separation." Master said, "Whenever you are alone, think that the Master is sitting right in front of you." The abhyasi said, "I can think like that but I begin to doubt whether it is real." Master said, "This is the problem with the western abhyasis. The doubt arises from the intellect. When the scientist says that atom



exists, you will believe it. Why don't you doubt that? Have you ever seen an atom? This is the schism between science and spirituality that we will believe what science says but we doubt spirituality."

Ashtanga Yoga and Sahaj Marg

March 27 was Holi and although he was quite tired he cheerfully met a lot of abhyasis. In the afternoon, Master watched two episodes of 'Upanishad Ganga' and then there was a discussion on how Sahaj Marg had evolved out of the traditional eight steps of yoga. Master said:

"Yama and Niyama are to be learnt at home from parents and at school from teachers. Asanas and Pranayama— when we meditate breath regulates itself naturally. When you are in profound meditation sometimes, you don't breathe for 2-3 minutes. So, it is automatic. Then, giving up, achieving, everything goes. Dhyana, we are doing. Samadhi is not the samadhi of the yoga which says a stone-like state you see, but an inner state which was at the beginning. Beginning means, 'All time beginning'. So, that is what Sahaj Marg teaches. And, when you go deep into meditation, you feel it. For instance, this morning meditation, I was out instantly. When I said 'Please begin,' I was out. As I was telling, now I understand what mahasamadhi means, because, in meditation, you would go off, never to come back. It gets more and more difficult to come out of it. Sometimes when I start sittings, one hour goes and I think it is only a few seconds. And on two or three occasions, I was confused whether to say 'That's all' or 'Please begin'. So, I opened my eyes and I saw everybody meditating and I said 'That's all'."

For the first week in the new cottage, Master was going to the dining hall to have his meals, but later started eating in his room. He was having leg pain and the pain was severe in his knees.



One day Master was informed that there were abhyasis from Jabalpur and Gunj Basoda who wanted to meet him. He asked them to come by 5 p.m. Before the abhyasis could assemble, Master was ready and volunteers had to run to set up his chair. Master conducted satsangh and then there was a big rush to meet him. It was very unruly and one could see Master getting upset. Snacks were served and in spite of repeated requests not to touch Master's feet, all abhyasis still wanted to do so. It is essential that we learn from such incidents and bring about a change in ourselves as to how we should behave in the presence of Master.

Sunday March 31, 2013

It was a very busy day for Master, being the last day of the financial year. His meeting with the accounts team lasted for about three hours behind closed doors. Master had lunch and then immediately went to Gayathri. He stayed there for a few days as some things needed to be fixed in the cottage. As his grand-daughter Madhuri was in Chennai Master also decided to spend some time with her. However busy or tough his schedule is, Master shows us how to live a balanced life and his attention to his family is an example for all of us to follow.

APRIL 2013

While at Gayatri, there was talk about how politicians use their power in a selfish way and Master was quite disgusted when he heard about some recent incidents. He has been quite unhappy about the corruption and the misuse of power by people in

high posts and has been mentioning that this was becoming more and more rampant.

One day, a sister from Cherokee (American Indian) turned up at Gayathri. She had just taken introductory sittings and had come to meet Master. Master said, "You are the first American Indian abhyasi. Come closer to me, I would like to see you". Master looked deep into her eyes. She said her name is Gayatri and Master explained, "When my son Krishna was five years old, we built this house and at that time, it was before Sahaj Marg and we used to practice the Gayatri mantra. So we named this house after that." Master asked her for her real Indian name and she said, "It was when I was young that I was called 'Little Deer'".

Master met with an elderly couple who told Master that their son in the USA did not want to come to India and so they were going to USA to meet him. Master was quite upset and said that he did not approve of this at all. "This is my instruction to you but you may decide what you want to do." It is rare that Master gives such direct instructions.

Master spent a lot of time with his grand-daughter Madhuri this week. He took her to a mall one day and got her gifts. He had brought gifts for the family and very meticulously made sure that all the receipts of the purchases were kept safely and the gifts were then handed out with love and blessings. In everything he does, there is complete attention, gentleness and love.

On Friday April 12, after Madhuri left for London, Master came to the cottage in Manapakkam. He has been having constant pain in his right leg as well as in his right hand. On Wednesday April 17, Master went to MIOT hospital in Manapakkam for an MRI scan which seemed to reveal a condition warranting radiation treatment over a period of time. There was a sense of sadness prevailing everywhere, but Master surprised everyone by arriving at the meditation hall on Sunday 20th April to conduct satsangh after which he sat through a Tamil talk by Br Chakrapani. His sickness has not deterred him from doing his daily work, spiritual or administrative. In spite of the pain and inconvenience Master faces everything with a smile and appears radiant as always. The CT scan has reconfirmed the problem. Let us together pray that this setback passes soon and our beloved Master regains his strength and good health.

Sri Lanka News

Balagolla

A three day programme with five satsanghs; at 7.30 a.m. and at 5.00 p.m. with around twenty abhyasis, took place. As usual satsanghs were followed by reading a message from *Whispers from The Brighter World* and selected portions of talks by our Master.

On the first day a talk on the importance of birthday celebrations of the masters was delivered by the prefect. She also mentioned the importance of attending satsangh regularly.

On all three days the abhyasis shared breakfast. On 30th April, abhyasis shared cake brought by them, as prasad. As the last day fell on a holiday there was a full day programme and we enjoyed the day with satsanghs, readings and DVD show of 'Babuji from 1971 to 1981 and the 'Life of Lalaji'. The benevolent grace and love of the Master poured upon us throughout the programme.

Karaveddy

With a lot of devotion and enthusiasm, from 29 April to 1 May satsanghs were conducted at 7.30 a.m. and 6.30 p.m. On 29th and 30th there were thirty-one abhyasis present. On the whole there was a good turnout. All abhyasis were very happy and enjoyed having breakfast together on the 30th morning. They experienced the grace of Babuji Maharaj during the whole programme.

Kandy

On 29th April meditation was held at 7:30 a.m. at the Kandy Young Men's Association hall, Peradeniya Road, Kandy. Around thirteen abhyasis participated. After meditation Sis. Chitra read a passage from one of Babuji's speeches printed in Sahaja Deepam. Sis. Krishnarani explained about the celebrations being

held at Tiruppur, India. Everybody enjoyed a wonderful breakfast and dispersed and later met for the evening satsangh at the YMHA hall.

On 30th twenty-one abhyasis assembled at 7:30 a.m. at the YMHA hall for meditation after which there were readings from the Sahaja Deepam followed by breakfast. All abhyasis were very happy and enjoyed having breakfast with the Sahaj Marg community in Kandy. The evening satsangh was held at Sis. Bawani's house.

On May 1 twelve abhyasis assembled at 7:30 a.m. at Sis. Bawani's house for meditation. After satsangh a passage was read from 'My Master' by Sis. Ramba Sivarasa and then all adjointed for breakfast.

Colombo

Babuji Maharaj's birth anniversary was celebrated with devotion and enthusiasm.

Satsanghs were conducted at No. 49 Fedrica Road, Colombo 06, in the Theosophical Society Hall at 7.30 a.m. and 6.30 p.m. on 29th April followed by reading of a message from *Whispers from The Brighter World*.

Master's discourse on DVD was played after evening satsangh. On 30th, after morning satsangh, prasad was served to abhyasis and followed by reading a message from *Whispers from The Brighter World*. The DVD containing glimpses of Babuji Maharaj from 1971 to 1981 was played and the abhyasis were absorbed in the divine atmosphere.

The morning satsangh on 1 May was conducted at no, 14 4/1 Daya Road, Colombo 06 at 7.30 a.m. and after reading a message from *Whispers from The Brighter World*, the celebration concluded.





New Publications

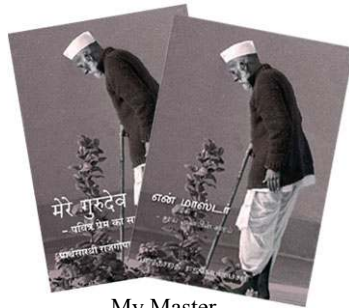


HeartSpeak 2010

Telugu
Tamil
Marathi
Malayalam
Kannada
Hindi
Gujarati



Whispers from The Brighter World
A Fifth Revelation



My Master
Tamil, Hindi



Role of the Master in Human Evolution
Marathi, Kannada, Malayalam



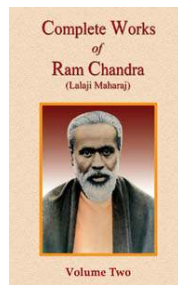
HeartSpeak 2012
English



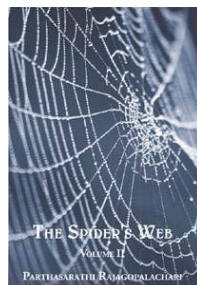
HeartSpeak 2008
Kannada



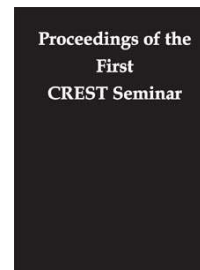
Down Memory Lane
Vol1 Telugu



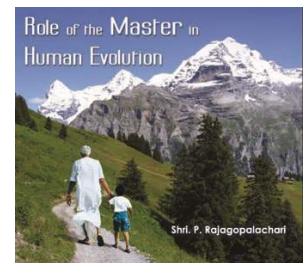
Complete Works of Ram Chandra
(Lalaji Maharaj) Vol 2
English



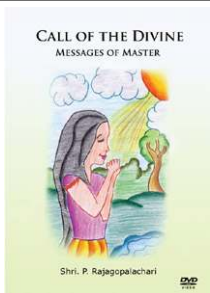
The Spider's Web - Vol 2
English



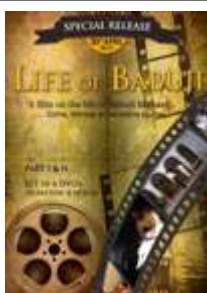
English



Role of the Master in Human Evolution
MP3 - English



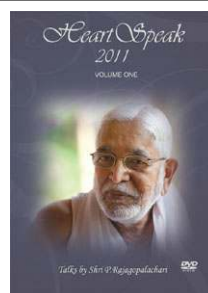
Call of the Divine
DVD - English



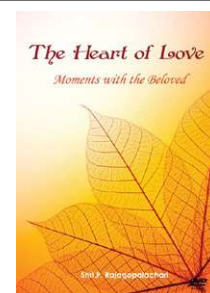
Life of Babuji
DVD - Hindi



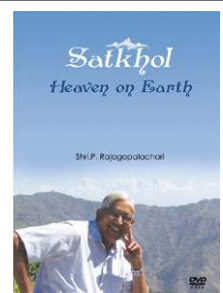
Journey into the Heart
DVD - English



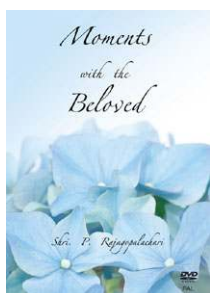
HeartSpeak 2011
DVD - English



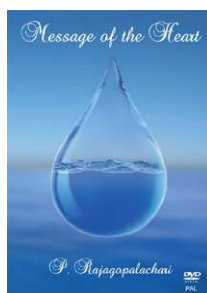
The Heart of Love
DVD - English



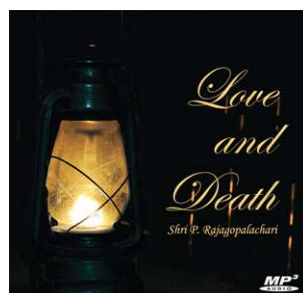
Satkhol - Heaven on Earth
DVD - English



Moments with the Beloved
DVD - English



Message of the Heart
DVD - English



Love and Death
MP3 - English



My Master
MP3 - English, Hindi, Tamil



HeartSpeak 2007
MP3 - English

Amalapuram Ashram, Andhra Pradesh

Centre of Light



Amalapuram, a mid-sized town in East Godavari district of Andhra Pradesh is 60 kms from Rajahmundry city. Kakina and Rajahmundry are the two main connecting cities to Amalapuram. This ashram is one of the older ashrams in India and the third ashram that was built in Andhra Pradesh. It has been a centre for spirituality for over four decades. The centre came into existence in 1971 through an abhyasi P.B. Ramudu who joined the Mission in 1969 and introduced his friend Dr. Appari Ramakrishna. The latter was the first prefect in the centre

and weekly satsangh used to take place at his residence attended by around fifteen to twenty abhyasis. He proposed a site of 484 sq. yards in the Amalapuram Municipality for building an ashram. After obtaining permission from Babuji Maharaj, the place was purchased with the help of generous donations made by abhyasis. The site is 1 km from the government bus complex.

Later, Sri V.P.D. Nageswar, CiC, laid the foundation stone for the construction of the ashram building on 10th March 1982. The construction was completed in eighteen months. Abhyasis started using the place for meditation when they received the news from Babuji Maharaj that it had been inaugurated and was ready for use. Later the ashram was formally inaugurated by Sis. Kasturi during her visit to the centre.

The size of the meditation hall is 22 x 32 feet including a 9 ft corridor. It has four doors in all four corners and two rooms on the first floor. Currently, these rooms are used as children's centre, library and ashram office. With Master's permission and the co-operation of ZiC Br Madhu Kothapalli, the ashram building was renovated in 2010-2011 with the addition of kitchen and toilets. About eighty abhyasis attend Sunday satsangh here. Every second Sunday, there is a full day program in the ashram. The centre has two prefects.

This ashram is closer to other sub-centres such as Razole, Jaggannapeta, Narasapur and Yanam. Master visited this ashram along with his wife Sis. Sulochana on 16th April 1986 and stayed for two days.



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