

*Character is Pure Love*

Dear brothers and sisters,

Some thoughts have been going around in my head about this topic of love, about which everybody is speaking all the time, but nobody seems to know what it is. It seems to be a profoundly important subject: much spoken about, least understood. [...]

I am more and more saddened by the fact that we speak so much about it, preach so much about it, write so much about it, read Babuji's messages about love, how love is spirituality, and yet we are all here practicing spiritual life without love. [...]

You see when you talk of loving the Master, when you talk of love, love cannot be personalized. "I love him", "I love her": it is not correct. In the field of consciousness of the lover there can be only one beloved. If he is there, there is nothing else, no one else, no where else. It is here and now. One cannot claim to love the Master and hate others.

Babuji gave the slogan, 'Love Him who loves all.' Good! [...] In my own small way I tried to give another slogan which says, 'Love all whom He loves.' [...]

Only yesterday, or this morning, I asked an abhyasi who wanted to be a preceptor, I said, "Are you able to write

or will you be able to write a report and say, 'I gave a sitting to an abhyasi,' instead of saying, 'I gave a sitting today to a black abhyasi from the Congo?'" There are no black

But does such a place exist? Because those who are closest to me are like this, what can I expect of others? If my own dog bites me... [...]



It is in your interest to have this love which is pure love, love which does not obey but which becomes. A true lover of the Master must become like the Master, have his inner qualities of spiritual life. [...]

Remember that no racial purity exists. During the millennia of human life on earth, it has been mixed and mixed and mixed and mixed, again and again, because nature wants not purity but genes. And a gene by itself is neither pure nor impure, it is what it is. It is like God. He is what He is. But what about us? We have to be what He is.

Please take this seriously, because the future, not only of ours but our children and their children, depends on what we will be, what we shall leave behind. Is it going to be a legacy of hatred, of acquisitiveness, selfishness, prejudices, splitting us further and further and further? Or are we going to try to bring in an era of love, unifying—depends on us.

Thank you.

*Talk given by Master on 23rd November, 2008 at Manapakkam, India.*

abhyasis or white abhyasis or yellow abhyasis. There are abhyasis; an abhyasi being one who does abhyas, meaning he practices. [...]

So our lives are what we make of them. If you have a foundation of true love for your Master, you won't obey him—there is no need for obedience. His nature will become yours. Transformation means total transformation. [...]

I had hoped not to have to talk here of character formation, but when I find these forces of prejudice and intolerance in my inner circle, maybe for me too it is a cry of despair. Because now I am finding myself longing to be away from everything somewhere, I don't know where.

**Thus speaks:****Lalaji**

- *Now it is very clear. One should think over this. Everyone has organs of sense, organs of action, mind, intellect, ego and the soul. Man performs action keeping all these in view, but forgets himself and the fact that he is the very atman which is love. All the people of the world would have failed to solve this riddle. But there comes a pious man in the form of a guru, gives knowledge of the atman, bestows peace and goes his own way without expecting any return or reward. This alone is his work. When the jiva [individual soul] gets deliverance, what other concern has He?*

**Babuji**

- *When the drop merges with the Ocean it becomes itself transformed as ocean. This is the final extent of love so far as spirituality is concerned.*

**Chariji**

- *A beautiful example of the unification of the three principles: that only by doing can we know; only by knowing can we love; only by loving can we achieve or become.*

**CONTENTS**

Character is pure love	1
Thus Speaks...	1
Echoes from the centres	2
Cultivate Goodness of the Heart	3
Whispers	4
Daily Reflections	4

## Echoes from the centres

### Douala sub-Regional seminar 23-29 December, Douala – Cameroon

#### *Personal Character as the foundation for a spiritual life*

Douala sub-regional seminar will start very soon. Brothers and sisters from our Region have already started arriving in Douala. Let us continue our inward preparation to make the most of the motto given to us by Master. Babuji's message proposed below is given to this end.

**"Tuesday, November 28, 2000  
– 10:00 a.m.**

These messages offer another aspect of our teaching. It is more targeted on personal work and on every effort you must do to be in phase with ours. The Master does his work, but you can only modify some traits of your own personality. We cannot do it without your participation.

"Spiritual work lessens your egotistic reactions, but you are at the heart of the problem, and you must manage the transformation of your personality.

"Don't think that it is enough to move forward while saying: it is Master who does everything for me. Your personal investment must be important. No way can give convincing results without the efforts of the candidate. It is necessary to re-examine this notion fixed in the minds of some abhyasis who think they can rest on their laurels, without making the slightest effort. You must know where you want to go, develop a strategy and stick to it. There, as in any other area, results require a minimum of work.

"May these messages help you become aware of it. Wake up and act."

**Babuji**

*"Whispers from the Brighter World –  
p.64*



Tiruppur, India, July 2007

#### **Abidjan and Yaïka: Trips to India**

By Master's grace two brothers Mamadou Camara and Patinda Ouedraogo, from Abidjan and Yaïka, have been selected to attend the 2008-2009 Scholarship Training Program from Sunday 14 December 2008 to Sunday 11 January 2009 in India.

Also brother Simeon Nana's dream to be at



Camara



Patinda

Master's feet has come true. He left Yaïka (Burkina Faso) earlier this month and will stay in India until mid January 2009.

#### **Echoes from New Zealand**

Brother Kamlesh Patel has forwarded to us this beautiful poem to Master from a sister from New Zealand. We are happy to share this story of our spiritual journey with our

Dear Masterji,

The path we travel with you is manifold and today I can say with love in my heart, I am grateful I met You.  
LOVE

Maybe I came to you in desperation,  
Maybe I came to you to renew my faith,  
Maybe I came to you when I was lost, and  
Maybe came to you for strength,  
There was a time I sought you for guidance,  
There was a time I sought you for need,  
There was a time I sought you for me, and  
There was a time I sought you for prayer.  
Then something unknown touched me  
Today my insides walk with You,  
I sing and fly in joy like a bird,  
Now I come to You, because I am in Love.

Thank you Master.

VLT



## Cultivate Goodness of the Heart

Through the following series of questions and answers, Master provides us with enlightening insights into how we should address the critical challenge of building our character as the foundation for our spiritual life.

PR: Dear Brothers and Sisters,  
What letter was emailed?

*Q: ...on discipline and character formation.*

PR: About character formation.

*Q: And also values.*

PR: Character means values. Do you have any questions? If somebody has a question, I can consider.

*Q: What is a perfect character, Master? What is the definition of character?*

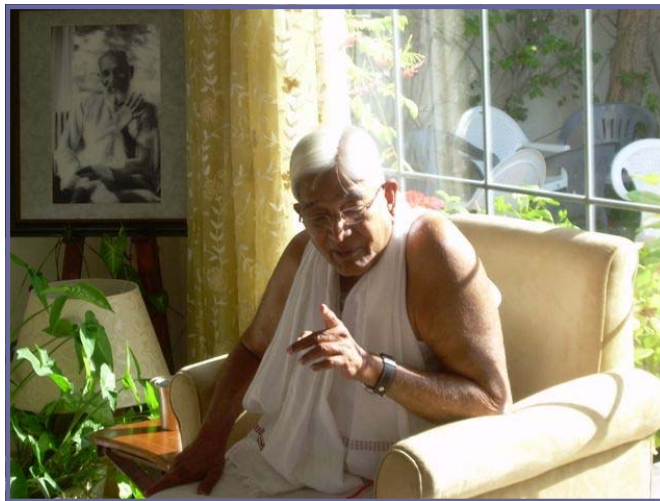
PR: Well, Babuji said in two sentences. Be inside what you are outside. If you think you are a good man and you never tell lies and you are happy, be inside the same. That is the same 'must': inside and outside, no difference. [...]

Now, what is a good man? [...] We are selling our goodness for these evil acquisitions that we always want so that our picture can be in the newspaper, and when we die our obituaries can be full page, though we are not going to see it. You know, we are happy with values which we will never know. [...] So you see, we must recapture our original idea, our original wealth, our idea of true wealth, that in this is the goodness of a thing, that character exists. If an apple is good, it has a good character. It needs nothing else.

So all of us, we have to strive to recover that goodness of being a human being. If you think like that, now you'll come to the next step: what is a good human being? [...]

So when we look at a good man, you know, his goodness must radiate. [...] You cannot be a good man and a liar. You cannot be a good man and a cheat — dhokebaaz. No? You cannot be a good man and try to climb over the shoulders of other people in your career. So people don't want to be good. "Sir, in the modern world how to be truthful?" — first question. "If we don't tell lies in business, we don't get business. If we don't cheat, we don't get business. If we don't adulterate, we don't

get business." Well, then if you have to be a good man, give up business, do something else. "What, sir?" Meditate first. Become good. Then from inside you will know what to do. Isn't it? There are people who sell coconuts under trees and they make several hundred rupees a day.



[...]

PR: So, goodness is what we want to recapture when we talk of character building. Character building per se has no meaning. Character is—to me [with] Sahaj Marg understanding, spiritual understanding—is a good man.

[...]

So you see, there is no time pass in this world. Character means time utilization. And when you say utilization, it must produce good. [...]

So what time to give to which activity? That also is important. They have made time management a big science in the management schools, you know. It is not a science at all. It is a well-known spiritual activity. Babuji has said one hour for meditation, no more at one time. "No, no, sir, I love meditation." We are not supposed to love meditation. We are supposed to do meditation, precisely for the period prescribed. [...]

So time is the only factor in our life, it is the only value in our life, it is the only asset in our life which you cannot recover.

Time lost is lost forever. Every minute you waste is gone. You cannot recapture. [...]

Our prefects, I'm sorry to say, they have no sense of shame. Forget loyalty, forget commitment to the Master, forget their promises. Human beings write their promises on water—it flows. What about your commitment to yourself? That is the most important, most sacred point in character: my commitment to myself. I am answerable to nobody except myself. Am I true to myself? 'And this above all, to thine own Self be true.' I can lie to the world, but can I lie to myself? [...]

So me and my Self together can conquer this world, we can conquer this universe. But me, I can do nothing. Therefore we pray, we go to temples, we go to astrologers, we go everywhere in the world. We end up in, I don't know, drugs, liquor shops. "Sir, I have lost my Self." Look for it! Is it in a bottle? No. Is it in a body? No. Where is it? It is nowhere outside yourself. Look inside. How? Close your eyes and see.

So you see, meditation is the only way of building your character, which is only trying to make goodness in yourself, restore human values of friendship, brotherhood, companionship, love, compassion, forgiveness. And the first need is to forget everything that can make you different from others. Everything that points to you as something different in society must be dropped. [...]

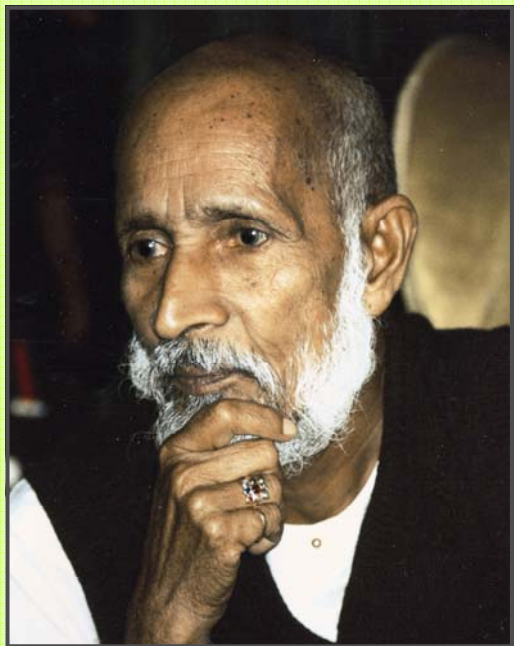
So you see, character is many things. Character is all things, but reduced to the least common multiple, LCM in mathematics, it is goodness of the human being, goodness of the heart. This is what Sahaj Marg wants you to cultivate. It happens in a slow way when you meditate. Very slow. But if you can also add your own efforts, conscious efforts to building character, which is what Babuji meant when he said, "Inner values I give, character building is your duty to yourself," then we will achieve it quickly.

Thank you.

9th November 2008, Banashankari Ashram, Bangalore, India

## Whispers From the Brighter World

Saturday, September 27, 2003 – 10:00 a.m.



To love means to surrender to divine will, to its great plans of which the human being is a cog in the machine. Some of them hold prime positions, their mission being of the utmost importance, but each one has a place and plays his own role, though tiny it may seem, in this divine set up where nothing is lost and nothing is created.

"The vibratory energy animating the worlds, i.e., the entire life, keeps on changing and reproducing images, like kaleidoscopes using some dust of atoms, which [images] are seen on Earth as matter. There all is illusory, only divine energy exists on this planet. It appears in the form that human beings know. Experimental in its achievements, it partakes of the Great Whole, building and destroying its creations in these two universal forms powerful and necessary to a cosmic balance, without which nothing would exist.

"In this great play, in this constant movement, the smallness of human beings is comparable to the infinitely small looking at it through the microscope of the universe. Man claims to be important, which he is not, but he exists by a higher will, and for this reason he deserves respect, since he has divine life.

"To love intensely is to maintain in oneself a constructive energy raising the soul towards levels of consciousness where it is integrated in divinely inspired actions, carried by the great universal creative movement."

Babuji

## Daily Reflections

### Inner Assistance

Meditation is also a higher technique of looking into yourself, getting the answers from within yourself, helping yourself with inner assistance.

Heart Speak 2004, vol. 2, p. 29-30 –Rev. Chariji

### Change

Unity cannot come by your waiting for the other man to change. If you don't change,

nothing in this universe will change for you. The whole universe may change but you will not change; whereas if you change, the whole universe will change for you.

Heart Speak 2004, vol. 2, p. 96-97 –Rev. Chariji

### Passion

Anything you don't give your life to is not worth doing. Swami Vivekananda said,

"Give me men of passion." Passion does not mean sexual passion; it means a passionate nature, that if I do this, I must do it perfectly. I must do it as well as I can. I must do it now. And promises do not constitute work. He who wants to give must give now.

Taken from Youth: A Time of Promise and for Effort, vol. 2, chapter "Wisdom and Restraint" p.157 – by Rev. Chariji.



### Contributors:

Design & layout: MMK, JN

### Editors:

JN: Jeanne Nanitelamio

MMK: Michel Mouyelo-Katoula

Translations: JN & MMK

Page 2: Poem from New Zealand: VLT = Vijaya L. Tatineni

Communications intended for Echoes of Africa and Indian Ocean must be addressed to: echosdaf@yahoo.com

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