



Master's Report

January 2013

Master has been staying in Gayatri and following his regular routine. Almost always there would be an evening satsangh which Master would sometimes conduct but he would often have some perfect conduct the satsangh.

On January 4, Master was watching a movie which went on till 11:30 p.m. and he was not in a mood to sleep. Everyone later realized that he was waiting for his grand-daughter Madhuri, to reach UK. Master slept after speaking to her at 12:30a.m.

Master has started checking his emails again. There are days when he works on them for almost two hours. He watched '60 years in the Wild' a three part BBC documentary and really enjoyed it. One day during lunch, Master was talking about the issues of man and woman living together, not married but having children and later not being able to commit to the marriage. He equated this to eating a fruit before one buys it. He was referring to how this is now becoming common in India also.

On Wednesday January 9, Master had planned to go to the ashram to conduct the 9 a.m. satsangh and perform marriages. However, as he was not keeping well Br Kamlesh conducted the satsangh and performed the marriages.

Master has been watching the TV series 'Chanakya' and was saying that he did not know much about Chanakya but most of his efforts seemed to be backed by revenge even though he was very good in politics. Master said it is not good to have the attitude of revenge.

January 14, 2013 - Pongal



Master got ready quite early and was sitting outside in Gayatri. He observed the chill weather and mist and remarked that it is the time when the winter comes to an end in Chennai. Master reached the ashram and made a surprise visit to the new audio-video and IT facilities. He recorded a talk which was played after satsangh in the meditation hall.

Master conducted a long satsangh - 1 hour 10 mins. It was a completely absorbing session after which one could observe Master glowing. Master then went to inspect the cottage renovation efforts. After lunch Master left for Gayatri.

This day also marked fifty years of 'Gayatri' and there was a concert by Ganesh Kumaresh in the evening at 'Gayatri'. Master enjoyed all the songs and said that it had been a very memorable event for him. He played the perfect host as he requested all the guests to have dinner and waited till they had all finished.

Master watched a movie which was shot mostly in Istanbul and one could sense Master was working





©Shri Ram Chandra Mission

on the city. The next day, a family from Istanbul came and spoke to him about the growth in the Mission in Turkey. They had brought photos and Master was keenly looking through them, correlating with what he had seen in the movie the previous day.

A few days before going to Trichy, Master requested that there should be no visitors at Gayatri, to enable him to rest before travelling. His plan to visit Trichy got postponed as around 200 abhyasis were coming to Manapakkam from Europe to attend the seminar which was titled 'Meeting Master'. He went to ashram on Sunday to conduct satsangh and then again on Monday to inaugurate the seminar. He left for Trichy on Tuesday by the morning flight.

At Trichy

A jubilant mood enveloped Trichy as Master's visit was announced. A Prefects' Seminar was scheduled at Trichy ashram from 21st to 25th January. The compact ashram premises welcomed eighty participants from India and abroad. Master reached Trichy on 22nd and conducted satsangh on 23rd. He spoke on the work of the prefects and how to give sittings. On 26th, after conducting satsangh, he gave a talk on brotherhood, living in harmony and the urgency for the time to meditate.

On 27th, around 1500 abhyasis attended the satsangh conducted by Master.

A Special Day at Thanjavur

The abhyasis of Thanjavur centre acquired 38.87



©Shri Ram Chandra Mission

acres of land out of which 12.57 acres was registered for the Mission and the remaining for housing plots for abhyasis. Temporary structures for meditation, Master's cottage, kitchen, a small dormitory and bathrooms and toilets have been constructed. Master had been keen on visiting this centre for sometime but could not because of the restriction on his travel and then his illness.

He now arrived from Trichy around 8.20 a.m. on 30th January and was cheerful. From the moment



©Shri Ram Chandra Mission

he stepped into Thanjavur ashram, he was recollecting incidents from his childhood and events in his forefather's family. After breakfast, he walked to the meditation hall and then conducted the satsangh which lasted about 50 minutes. Br Lingusamy (a renowned film director), spoke in Tamil and narrated how Sahaj Marg had helped him to balance his life with the stressful nature of the film industry.

Master then spoke in Tamil. He said that his illness gave us the blessings of receiving messages from Babuji Maharaj (Whispers from Brighter World) every-





day, which had benefitted everybody who read them.

Master gave a pleasant surprise when he decided to walk from his cottage to the meditation hall and after satsangh and talks, walked back to the cottage. Instead of taking rest, he sat outside and interacted with abhyasis for another hour and a half. Like in the earlier days, he answered questions, listened to a couple of songs by a young girl and received gifts from some abhyasis. The session went on for so long that finally abhyasis had to request him to take rest!

During his stay, Master went through the sketches of the land and identified a location for the meditation hall. He has also went around the ashram land before leaving for Trichy around 2.30 p.m. after lunch and meeting a few volunteers. After his visit an air of joyfulness was felt by most abhyasis.

Saturday February 2, 2013

On Lalaji Maharaj's birth anniversary Master came to the ashram to conduct satsangh. He greeted everyone along the way from the main entrance till the meditation hall and then conducted the satsangh which was attended by more than 1000 abhyasis. Master conducted two marriages and then a new Whispers message was read out by Br P.R. Krishna in English and the same was read out in Russian and in French. Speaking about the language in which the

message was received, Master said that the message can be received by anyone as long as one is tuned to that frequency and the message received will be in the language of the heart. The message emphasized the importance of these special occasions of the birth anniversaries of our Masters and the effect it has on abhyasis.

Master released the first audio CD of 'Reality at Dawn'. After this, Master went back to Janaki Farm.

After reaching his cottage, Master was talking about that day's satsangh and said, "Today's sitting was very special". One could see Master glowing when he said that.

In the evening Br Kamlesh had invited all the overseas abhyasis to attend Br Shashank's flute concert and have dinner at Janaki farm. A group of more than 100 abhyasis were present. As Master was a little tired he remained inside his bedroom and listened to the ninety minute long captivating performance. After the concert, Master met with the musicians and talked with them for some time.

On Sunday February 3, Master conducted a short satsangh and as he was a little tired he said that he would not be able to give a talk. But when he was told that the European abhyasis had come from Manappakkam just for a day, he invited them all to Janaki farm for lunch and many were moved to tears. Master was particular as always to make sure that they left on time.

Master's health was a little low and towards evening, there was some treatment and Master was again talking about pain and suffering and how one should accept them with a smile. One could see that he was visibly in pain yet he was smiling as he said this.

After the weekend, the ashram in Trichy was quite empty. About forty Russian abhyasis had come and Master had called them to the cottage, gave them a sitting and spent some time with them.





A few abhyasis from China and Turkey came and sat with Master as he sat in the sun. When the sun became too hot Master sat in the swing in the verandah. He was looking a little tired as he had been sitting for too long, giving sittings, talking, etc. The doctor was requesting him to rest. Then he started talking about Babuji and one could see a sudden flow of energy into him. It was a great time for everyone around him, listening to Master talking. A few things that Master spoke about are captured here. "God gives us a gift and some troubles together. It is our job to overcome these troubles using our gifts." "It is the characteristic of the advanced mind that it does not think in advance. It acts precisely at the present moment. It is only the educated intellectual mind which thinks in advance, plans, etc."

Master was quite tired and in pain towards the evening and had to take some treatment. After dinner, there were a few abhyasis from Europe who were leaving and Master agreed to meet them. They came in and almost all of them were in tears, totally touched by simply being in his presence. One elderly lady said that her granddaughter had sent good wishes and Master gave a gift for her granddaughter. This lady was visibly moved and left in tears and so did the others. Such acts of love, kindness and gentleness from Master are something that we should all try to emulate.

Since his health suffered a setback, Master decided to return to Chennai a day earlier. Master left Trichy by road at 11 a.m. on Tuesday and stopped at Villupuram en route.

The abhyasis of Villupuram centre were informed of Master's plan and made the arrangements to welcome Master. Master arrived at 12.30 p.m. He conducted a 30 minute long satsangh and interacted with abhyasis and had lunch. He named the ashram 'Tapo Nidi'. Master left at about 3 p.m. for Chennai. In Chennai, Master went directly for a health checkup and then retired early as his journey had been quite tiring.

At Gayatri one afternoon, Master was talking to a few young abhyasis from Europe who have been in Sahaj

Marg for a long time. He gave them each an apple and said that once Babuji had asked him to fast for a few days and then gave him an apple. Master was looking for a knife and Babuji asked him why he needed a knife. Master said so that he could share it. Babuji told him, "I know how to give to everyone. I have given this for you so that you may eat". So Master conveyed the message to all that this apple that he had given was not for sharing but for each one to eat.

Seminar for Abhyasis of Russia and S. America

It is the third year in a row that the Russian-speaking abhyasis were coming to India. 750 abhyasis from Russia and 150 abhyasis from South America gathered in Manapakkam. On February



9th the first day of the seminar, Master had gone to check on the renovation of the cottage and was affected by the dust. So he requested the abhyasis to come from the meditation hall to the Dorm A where he conducted a short satsangh and then excused himself and left immediately for Gayatri.

The topic given for the seminar was 'Love and Surrender'. Despite participating in different activities all together, the refining work seemed to happen at the individual level independently. Master's love blanketed the whole ashram. Abhyasis were asked to introspect on Master's vision and on how to lead one's life in tune with that vision.

Participants received a lot from interesting and inspiring talks by brothers Kamlesh Patel, A.P. Durai, C. Rajagopalan, P.R. Krishna, Bill Waycott, Samir Singh and N.S. Nagaraja. The talks were on various topics: Love and Surrender, Divine Principles, Service is Life, The Spirit of Sahaj Marg and Sahaj Marg in my Life. Every afternoon facilitators conducted group sessions to reflect over and to share what had been heard during the talks.

Participants of the two different regions connected very quickly and it resulted in a few joint cultural

projects. Youth of both continents recorded a song and presented it to Master.

On the last day - February 17th, Master conducted satsangh and then invited all the participants for lunch. It was a very special gift from him. A short cultural program was presented to Master. It was a Russian folk dance and a mix of many language songs. Master shared his wisdom again by saying that the Universe is an endless beginning. He inspired everyone by quoting recent Whispers from the Brighter World which have stated that there are a few Sahaj Marg abhyasis who have already reached the Ultimate goal during this lifetime. It brought hope that each of us has a chance, an opportunity and a guide to reach the same while developing love and surrender as the main spiritual qualities.

Master has been very busy making prefects. Along with this seminar, the scholarship training program was also taking place which resulted in about 36 prefects that Master had to make in less than two weeks. He has been giving three prefect sittings per day and it has been a big drain on his strength.

Friday February 15, 2013, Basant Panchami

Master looked quite weak and tired in the morning but got ready ahead of time. He conducted the morning satsangh at ashram after which it started to rain heavily. Master gave a talk reminding everyone of the auspicious day and the purpose of Lalaji Maharaj's descent on Earth. He said that when the satsangh started, we did not know that it was going to rain but it did. The rain is welcomed because it is auspicious on such an occasion.

Master then inaugurated his suite at Br Satbir's flat at Garden of Hearts which had been renovated and decided to stay there till Sunday. Master was busy with sittings. His throat had been hoarse and he was physically weak but his work never stopped. On Sunday Master conducted satsangh which lasted for 1 hour 20 minutes. After that he went to the basement hall and had breakfast with the abhyasis from South America and the participants of the scholarship training program. Master then went back to Br Satbir's house. Even though he was tired, Master still had sittings to give and he finished his work. An abhyasi asked Master why he was stretching himself like this. Master said, "When I was not well, it was okay, but now that I am fine, I should do my duty and one of my duties is to give prefect sittings."

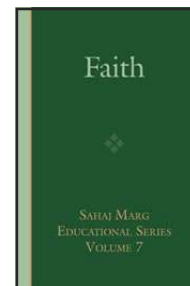
Master's work continues. It never ends. We pray that his health remains well and he is strong and glowing like he always does.



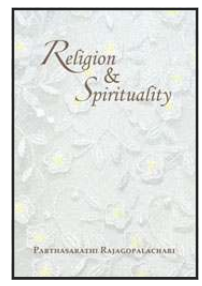
New Publications



Sahaj Marg Meanderings
English



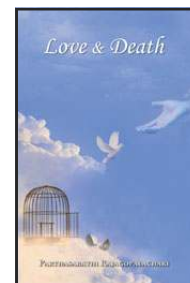
Faith
English



Religion & Spirituality
English



HeartSpeak 2006
Hindi



Love & Death
English



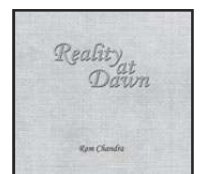
Down Memory Lane
Vol 1—Tamil



The Spider's Web
English



Messages Universal
Vol 2—Hindi



Reality at Dawn
Audio Book

140th Birth Anniversary Celebrations of Pujya Lalaji Maharaj

Karaveddy Centre

Karaveddy is a sleepy village in northern Sri Lanka. A centre was started in June 2011 and the average attendance was five. All of a sudden, there was a call for an open house by a couple of sisters and the meeting was held on the 3rd January 2013. Sixteen of those who attended were given sittings on this day. The following week another thirteen joined. By the end of January another twelve joined bringing the total number of abhyasis to forty-eight. It should be noted that except three, all who joined were sisters.

With lot of enthusiasm, Pujya Lalaji Maharaj's 140th birth anniversary was celebrated at this centre. Satsanghs were held in the morning and in the evening. Br. Suntharamoorthy, Country-in-charge gave a talk on the life and work of Pujya Lalaji Maharaj. Sis. Rasamani Sivagnanam, who organized the open house, spoke thereafter. She had an occasion to read one of the Mission leaflets and was making inquiries about the system when she met Sis. Manohary Chelliah, (an abhyasi) who gave her more information about Sahaj Marg. She then contacted the Colombo centre and organized the open house. She is also eager to have a regular place for satsanghs as the number is growing. This enthusiasm is very encouraging.

Balagolla Centre

The celebrations took place with two satsanghs, one at 7.30 a.m and the other at 5.30 p.m.

All in all six abhyasis turned up for both satsanghs. A message from 'Whispers from The Brighter World' was read out.

After the morning satsangh prasad was served with tea. All abhyasis felt and experienced the grace of Lalaji Maharaj with the atmosphere being wonderful. The day's events ended in a joyous note.

Kandy Centre

Morning satsangh was conducted at the Young Men's Hindu Cultural Hall, Peradeniya Road, Kandy. Fifteen abhyasis were present.

Afterwards Sis. Krishnarani gave a speech on the life of Pujya Lalaji Maharaj and Sis. Chitra read a chapter from 'Truth Eternal' (Tamil translation). The morning programme concluded with Br Nalan reading a message from 'Whispers from The Brighter World'. All assembled abhyasis had breakfast and dispersed.

Evening satsangh was conducted with ten abhyasis present. After satsangh Sis. Chitra explained to the assembled abhyasis what she had learnt about 'Cleaning' from the Sri Lankan seminar held at Babuji Memorial Ashram in Manapakkam.

Colombo Centre

The celebrations were conducted at the Theosophical Society Hall, Colombo on 2nd February 2013. The morning satsangh was conducted at 7.30 a.m. Twenty-five abhyasis participated and all of them were very happy with the divinely charged atmosphere.

After reading a message from the 'Whispers from Brighter World', prasad was served followed by a DVD screening on the life of Lalaji Maharaj. All thoroughly enjoyed, feeling the presence of Adi Guru.

The evening satsangh was conducted at 6.30 pm; after reading a Whispers message, the celebration came to a conclusion.



Karaveddy



Kandy



Colombo

Alwar Ashram, Rajasthan

Centre of Light



“You should strive to model your behaviour on the Master. If he is humble, you should try to be humble and by habit, it becomes humility. You are able to change your character by just emulating the person you claim to admire and love so much.”

P. Rajagopalachari, 4th May, 1990, Prefect Seminar, Sariska

Alwar, the tiger gateway (Simhadwar) of Rajasthan is situated in the picturesque Aravali Hills. It is located 160 kms. south of Delhi and 150 kms. north of Jaipur. Alwar is known for its rich spiritual heritage. The Alwar centre came into existence in 1989 when Br Gokul Goswamy was transferred there. Subsequently Br J.P. Dubey and his wife became abhyasis. Satsangh continued at Br Dubey's residence for a few years. In October 1996 Br Dubey was made a prefect. As the number of abhyasis started to increase, Sunday satsangh was shifted to a school.

The ashram is situated on the Rajasthan state highway in a fully developed residential colony called Ambedkar Nagar. It falls on the east of the city just 0.4 kms. from the Railway Station and 0.6 kms. from the Bus Stand.

Master had first visited Alwar to attend the first International Preceptors' Seminar held at Sariska Palace Hotel from 3rd to 5th May, 1990. The second occasion was when a state level function was held on 19th - 20th October, 1999. His visits brought growth to the centre and there are now about 300 regular abhyasis in Alwar.

Land measuring 2051 square meters was allotted by the State Government through U.I.T.(Alwar) on 99 years lease basis. The lease deed was registered on 1st November 2007 by Br Uma Shankar, Secretary SRCM.

On 28th January 2010 Master unveiled the inauguration stone and conducted satsangh for around 500 abhyasis who had come for the inauguration. Since then, many occasions have been celebrated here with love and devotion not only by the abhyasis of Alwar but also abhyasis from nearby centres such as Rajgarh, Khairthal, Kotputli, Bandikui, Mahwa and Pilwa.

So far a boundary wall has been constructed on all sides, a hall of 26'x76' is being used as meditation hall, Master's office adjacent to the meditation hall, kitchen, caretaker's room, toilets and bathrooms, a bore-well and installation of a 2 HP submersible pump are all done. Development of a beautiful lawn with flowering plants and trees in and outside the ashram premises makes a picturesque landscape. Construction of a meditation hall of 50'x70' sq. ft. is proposed in the future.

To download or subscribe to this newsletter, please visit <http://www.sahajmarg.org/newsletter/south-asia> For feedback, suggestions and news articles please send email to in.newsletter@srcm.org

©2013 Shri Ram Chandra Mission ("SRCM"). All rights reserved. "Shri Ram Chandra Mission", "Sahaj Marg", "SRCM", "Constant Remembrance" and the Mission's Emblem are registered Trademarks of Shri Ram Chandra Mission. This Newsletter is intended exclusively for the members of SRCM. The views expressed in the various articles are provided by various volunteers and are not necessarily those of SRCM.