





## **Allow Your Light to Show**

**Echoes of Africa and Indian Ocean** 

Dear brothers and sisters,

It is always a joy for me to come to Hyderabad. I find here a lot of enthusiasm, devotion and growth in numbers. But all of you should also think whether this is

matched by inner growth in your heart, each one of you. It is nice to see more ashrams coming up, larger groups of abhyasis. [..] All that is very good to see, but in the spiritual life, what we see is not enough.

In one way growth in numbers is good, if it is matched by change in behaviour, in atti-

(which of course we do not Or the people in it? [..] earn), which is given to us, and if our external behaviour patterns do not reflect any change in our character, then we are like people who have a lot of gold given to us buried deep in the farms or in our ground, and yet we die Because, if you come here change must reflect in outer - it is spiritual suicide. change."

come, more and more join us. our prefects, to our families, 14 March 2011, Hyderabad, India You see this immense hall to our gurus, when they here - the largest hall in the spend so much time on us?

Mission so far in this world. Pranahuti is the life force It is a little more than twice itself being given to you from the size of the hall in Mana- the heart of the guru to the pakkam. By this, it would heart of the disciple - praappear that we have evidence nasya prana. [..] They have of growth; we have evidence no hopes or expectations, but of Sahaj Marg in action. This they have an investment in

us, the return for which is given to us back – you grow, continue you to grow with what you have got.

[..]If you get an increment in your office, you buy new shirts, you buy saris for your wife, you go to a bigger house. These are manifestations of the improvement in your mate-

rial life. [..]

say,

You have a big responsibil-So I would request each one ity, brothers and sisters, to but most importantly to yourselves - because it is like having a lamp which does not burn. [..]

> prayers are with you. Thank you.

# **Thus Speaks**

#### Lalaji

• The pure heart, in communion with the Base or Source, pours itself forth naturally with nobility, magnanimity and love. It leaves an impression immediately and it progressively makes deep in-roads into and establishes itself in the minds of all.

#### Babuji

• Only the torch of spirituality can remove the oppressing gloom and restore the real man. Let the light of the Real shine in the heart of everyone so that we may rise up to the expectations of the Divine!

#### Chariji

• We receive only to give. In this giving is the true destiny of the spiritual aspirant.

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tude, in the softening of the is not Sahaj Marg in action. character, in the softening in This is money in action - What happened to this proways of speech, mutual rela- your money. You have given motion going on here every tionships, which can indicate donations which make all day, every sitting? Should that love is pervasive, love is these things possible. [..] If you not be able to show it? now ruling in our hearts, and you are putting money into Somebody should therefore conditioning our the Mission and treating it as "Look, he seems to have every expression in our life. an investment, what is the spiritually evolved. He shines But if there is inner change return – merely an ashram? with love." [..]

> of you to think why you yourselves, to your families, come here. What for? And to your nation, to your guru, the money that you give, is it well spent not merely here but here [in the heart]? [..]

paupers. That would be a and don't evolve - your spiri- I pray that you will all give very sad state of affairs: to be tuality does not grow, your serious thought not merely to wealthy and die a pauper, character does not change, becoming, but to allow what because as Babuji Maharaj your behaviour remains as it you have become to show, to said again and again, "Inner was or sometimes even worse light the way for others. My

[..] Do we understand the [..] More and more people responsibility that we owe to Parthasarathi Rajagopalachari -

# Echoes of the Centres: : Celebrating Babuji Birthday

# Pointe-Noire [Congo]

The celebration of Revered Babuji Maharaj's birthday started off with a satsangh at 7:30 am and was followed by readings about his life. How Babuji was doing his job: problems ensuing differences with his supervisor, his

hyasis attended the celebration.

presence in the red light district of the holy city of Benares, His contacts or rather "intercommunications" with his beloved Master Lalaji and all others highly elevated beings from the Brighter World, all these

> facts. all His achievements were reviewed: they strengthened our belief and faith in our Masters.

The celebrations concluded with the 5 pm satsangh and we dispersed, happy for having spent together all the day in the Sahaj Marg spirit. Nine abhyasis actively attended the celebration.

Fidele Naouala

As I spent Lalaji Birthday celebration alone in Kinshasa, I felt the need to celebrate Babuji Birthday in Brazzaville. Indeed, I am from Brazzaville but I study in Kinshasa. An exam was scheduled for April 30, however I expressed the wish to travel to Brazza that same day. The week before the celebration, every event seemed to go against my wish to travel, not only there was the exam, but also the day before, on April 29, a compulsory practical work session was scheduled. But I resolved that if I had to be in Brazzaville. Master would make it possible, I knew I had only to let my Master's will be fulfilled. I was pleased when the dean told us that the exam scheduled for 30th of April was postponed to a later date. My joy was short lived as the practical work session was still scheduled for April 29.

On Thursday April 28, morning, I was surprised to hear that we had no classes that day or the next day. The practical work session was also postponed to April 30th in the afternoon. I therefore decided to go to Brazzaville, where I could take a sitting. On April 30th, I could only attend the morning satsangh at 7:30 am, as I had to be in Kinshasa in the afternoon. After satsangh, I returned to Kinshasa where I had my practical work session.

I thank my Master for allowing me to go to Brazzaville for Babuji Birthday celebration. May His presence be with us on our way, and his love reside in us. Thank you so much Master.

Agathe Biampandou (Brazzaville)

Children's Offerings





(Pointe-Noire - Congo)

# Brazzaville [Congo]

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K.K. Singh – Lagos (Nigeria)

Pictures of the Celebration in Lagos [Nigeria]

In Lagos a satsangh was held at 7:30 am, followed by Rev. Master's Video speech. Nine ab-



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# **Regional Tour: Reunion**

It has been almost 12 years since a Region in Charge last visited Reunion Island. It was with immense joy that we welcomed our brother Sharat Hegde, Region in Charge for Africa and Indian Ocean, on 22nd April this year.

Shortly after arriving in St Leu, he started off by giving individual sittings.

At 6 pm, about 15 abhyasis attended a group satsangh conducted by brother Sharat in our new meditation room.

Saturday On 23rd, about 16 abhyasis from all over the island gathered in St Pierre, for satsangh at 7:30 am. Brother Sharat was introduced everyone to and took the time to interact with everyone. After breakfast,

we had a picnic in Grande Anse, a beautiful beach, surrounded by wild cliffs. We enjoyed informal discussions with brother Sharat, including a questions and answers session.

On Sunday 24, the group gathered in St Leu for the 7:30 am satsangh. The breakfast was followed by a book review session, with small groups presenting different books of the Mission. This very enlightening and interesting exchange resulted in

deeper understanding of Sahaj Marg, especially for new abhyasis. The program for the day concluded with another profound group satsangh at 3 pm.

Monday 25 started off with early individual sittings at 7:30 am, after which we visited St Denis centre. Lunch was followed by individual sittings and a tour. All abhyasis of Reunion Island are immensely grateful to our Beloved Master and our Region in charge, brother Sharat for this much anticipated visit and opportunity.

Richard and Ratnam Desriaux (Reunion)

#### A very intense seminar

By the grace of mv Beloved Chariji, I have just attended a seminar of great intensity with brother our Sharat, Region in Charge for Africa and the Indian Ocean. If I were to describe this moment, I would say it was a pure moment of truth, beauty, moment of а brothergreat hood, discovery and mutual enrichment. Today, I feel the change. The new condition of Reunion

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group satsangh which was the perfect way to bring this wonderful seminar to closure.

On Tuesday 26, Brother Sharat set off for Mauritius to carry on his Regional is there, let's keep it intact and make it flourish.

All my gratitude to my beloved master for the ability He gives everyone to serve with the heart, with simplicity and effi-







*May 1, 2011 — Issue No 5 — 6th Year* 

**Regional Tour: A Wonderful Seminar in Mauritius** 

Abhyasis feedback is as follows: the sit- ously in the spiritual atmosphere. Feeling spiritual elevation. tings were deep and profound and all felt of harmony and brotherhood was strengthenriched and it was a very good seminar. ened. All abhyasis made a request for such Master presence was felt and the condition seminars to be held more regularly.

In Mauritius we had a wonderful seminar of the Seminar is still prevailing. Being the We would like to express our deep graticonducted by Brother Sharat from 29<sup>th</sup> whole day in the centre with different tude and heartfelt thanks to our Beloved April to 1st May 2011 with six satsanghs. group works allowed one to stay continu- Masterji for the Love and caring for our

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Gowtum Motah (Mauritius)



# **Echoes of South Africa**

# Purpose

Stars so bright, A million miles away, A journey that resides To the almighty, With nothing by my side

The path is truly unclear, But needs to be read, with the experienced eyes of His. Distractions all the way,

Dreading what might be, If we were not to reach.

Learning to read, with eyes like His, This destiny, Which was designed for me.

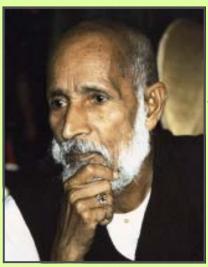
Step, by step, With His guidance, Learning all secrets, that are yet to be uncovered. A trip we must make, At some point in our lives, For that is the way, This is our purpose.

By Simran for her wonderful Master. Thank you Master for always being there.

Simran Dayaljee - Age 15 - South Africa

Whispers from the Brighter World

Monday, October 4, 2004 - 10:00 a.m.



Let yourself be carried away by the breath of life emanating from the Divine. This dimension helps you in your daily life. Without it your life would seem monotonous. Your heart lets itself become inflamed with its fires and be carried to heights being accessible to it. The beauty of such a process resides in this profound joy generated by it.

"Your commitment never failed; an unfailing faith illuminates your days. You found your way, which happily is ours; so was it bound to happen. Each one finds one's way when one searches for it with conviction and ardour. The soul becomes exacting when the moment comes when it should canalize the forces necessary to its elevation.

"All our brothers have experienced these circumstances whereby were revealed to them the possibilities offered by our Mission. As we have already said, souls come to us, as one comes to the source. The example set by our brothers must speak for itself. No propaganda is needed, as we strongly reject it. We do not trade on our teaching. Our brothers should concentrate on their own case; all have enough to do with that. Their personal work, as is in the nature of things, will benefit everybody.

"Powers resulting from a sincere process radiate generously and are perceptible to hearts that are ready to join in it on their own. The force of cohesion is more effective than any comments, except a Master's. May our brothers remain confident in our way and its divine representative!"

#### Babuji

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# Daily Reflections

# Law of life

the not so wise; the strong must help the weak; the rich must help the poor; the adbehind on the path.

Heart Speak 2004, vol. 2, p. 108-109 -Rev. Chariji

### Aspiration

become something. We should try to be- ing. come, not to have.

Heart Speak 2004, vol. 2, p. 130 - Rev. Chariji

## Giving

The law of life says that the wise must help Aspiration must be in aspiring to be some- So he who earns for himself lives for himthing better, not something more. To have self, progressively restricts his capacities to or to become - this is the fundamental dis- himself. He who lives and works to give to vanced must help those who are lagging tinction. I want to be rich means I want to others, progressively expands himself. So, have. I want to be good means I want to the secret of expansion of the self is in giv-

Heart Speak 2004, vol. 2, p. 136 -Rev. Chariji



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