

Shri Ram Chandra Mission

Master's Report

After the extra-ordinary general body meeting on 15th August was over, Master appeared quite relieved but was as alert as always. On 16th morning, he had asked all abhyasis who were in the cottage to make sure that they had signed the Golden book, he called the volunteer-in-charge to come to the cottage in order to facilitate the signatures, gently chiding the abhyasis who were around him. It showed his commitment to the completion of a process, however small it may be.

As Master's health was still not satisfactory, he has been following a simple routine. In the morning, he works with the physiotherapist who visits daily. After the physiotherapy, he generally rests for some time. He tries to keep up his routine of having his breakfast and has the news read out to him. Then, he spends time reading his mails and doing his work. There is another physiotherapy session in the evening and there are times when he walks out for a short distance and then gets on his wheelchair for a round or sits outside with abhyasis around him. In the initial days, he was using the help of a walker, but then he has tried to use his walking stick and take a short walk. All of these things indicate Master's slow and steady recovery.

Once, Master was listening to a Whispers message and which emphasized unity amongst all of us. Master has been also emphasizing the need to stay united and maintain harmony, in our satsanghs.

On August 20th and 21st there was a special medical checkup and treatment for Master and the results were positive.



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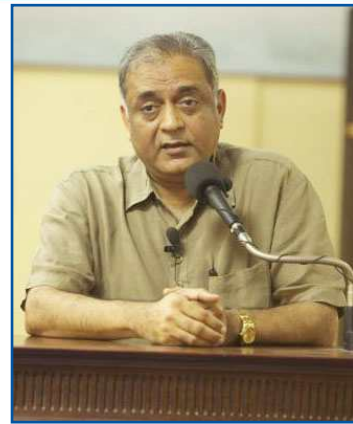
One afternoon Master suddenly remembered a movie he had seen several years ago and it was one of the two movies that he had seen in Europe in theatres. He had seen this movie in Paris on the day that he gave a presentation about Sahaj Marg in the Sorbonne University. This movie was "Manika: The Girl Who Lived Twice", and it was a story about reincarnation. Master was totally involved when he watched it.

On Sunday August 26, around 11 a.m., Master went around the ashram for 45 minutes. He said, "I felt as if I was incarcerated, and now I am out". He toured the canteen, kitchen and basement of the library block to see the exercise machines. He went to the meditation hall for a discussion with Br. Jackie on the progress of the renovation work. After resting in the verandah of the cottage, he decided to have his lunch in the dining hall where he had not dined for more than four months.

One day after the physiotherapy was over, Master was talking with the doctors about languages, and he said, "I have said this before also, that the way to a man's heart is not through his stomach but it is through his tongue. Even if we know a few words and we speak his language, it touches his heart". Master was saying a few sentences in Arabic much to everyone's surprise. He was really tired after the physiotherapy and said, "If any one of you asks me to walk even a few steps, I will retire!"

On Wednesday August 29, Master started a 24-hour test of his cardiac system and monitors were placed

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in his chest. He was asked to do his routine activities, and so he decided to go for a round in his wheelchair in the evening. But, as it started to drizzle, he came back and sat by the verandah. Master recalled the story about Vamana avatar and Shukracharya and how the latter lost his eye in the incident and Master made fun of those seated in front of him that they were computer experts but did not know all these stories of the past.

Sis. Alla and Br. Igor have made a DVD documentary about Satkhol called 'The Golden Silence of Satkhol' and they gave it to Master who expressed his interest to watch it. As Master watched very keenly, the atmosphere totally changed, as if everyone was transported to Satkhol.

Tuesday September 11 was 'Gayathri's' 50th year from initial construction, and Master said he had planned for a celebration but due to his health it could not happen. In a conversation, Master observed, "The main features of a wife are that she should be loving, she should know how to cook, and she should be able to take care of children properly. Nowadays, we want pretty wives, etc. and then we become jealous that others are looking at them".

An abhyasi asked Master, "How do you balance between meeting abhyasis and the need for you to rest?" Master said, "I love my work and where there is love, there is no limit". Master then talked with the Kanha project team and gave several suggestions to

prepare the Kanha venue for the upcoming celebration of April 30th 2013.

Master then went to the meditation hall to inspect the work that is happening and on the way back, stopped at Dorm A to listen to Br. Raghavan's talk to the abhyasis from Vishakapatnam. Master then gave a short 15 minute sitting and came back to the cottage.

Master decided to stay at Br. Madhava Reddy's house so that the cottage construction work can take place. His stay in Br. Madhava's house is mainly for rest and recovery and even then, there has been a constant flow of abhyasis coming to meet him. Master is trying his best to meet with abhyasis but it is essential that all understand his need for rest so that he can recover.

One evening, Master walked from his bedroom using a walking stick which showed an improvement in Master's recovery. Master sat for a little while outside and then went inside driving his wheelchair by himself. He was in a good mood talking about pain, suffering and how one must accept pain cheerfully as it is good for our growth and evolution. Master said that he walked with a stick, only to face the next difficulty which he must overcome.

On Saturday September 22, Master had a dental checkup in the morning and then went to Dorm A at around 11:30 a.m. He met abhyasis from Coastal Andhra Pradesh and gave a short talk explaining the



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importance of not wasting time and then said he would give a short sitting. Master in his talk mentioned the "urgency to progress by utilizing the time available to us". He urged everyone to remember that, "Time wasted cannot be recovered".

There are times when Master comes out till the hall, walking with the help of his stick and abhyasis sit around him. On one such session, a lot of abhyasis came and sat around him. Master looked very tired and weak but he had started to give a sitting without telling so. After about 15 minutes, he said "That's all". Master was then listening to an abhyasi couple from Turkey who brought good news about the Mission in Turkey which cheered him up.

One Sunday morning, Master gave a sitting in Br. Madhava's house at the same time as the satsangh was going on in the ashram. When Br. Kamlesh later told Master that during the middle of the satsangh, it went to a different level of absorption, Master said that when he was giving the satsangh, at some time in the middle of the satsangh, he included everyone in it and that was the effect.

Friday September 28 was Br. Kamlesh's birthday and Master offered prasad in the morning and gave

to everyone. In the evening, all the Kolkata abhyasis assembled outside Br. Madhava's house and Master came out and sat for a few minutes. All the abhyasis who had assembled felt a sense of fulfillment when they could meet Master.



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During the start of the Chinese seminar, there was a meeting of the organizers of the Chinese seminar along with Master and they discussed the details of the program for the week. About seventy abhyasis from China and Far East came to attend this seminar. On Tuesday October 2, Master went to Dorm-A to join the Chinese seminar participants and gave a sitting and a talk. In his talk, he said, "From my student days in college, I have been fascinated by Chinese culture and philosophy and I managed to get copies of this Tao Le Ching and Analects of Confucius and something that fascinated me much, the 'I-Ching - the Book of Changes'". He also expressed his wish to go to China again saying, "I have even visited your country, though only one or two places, I would visit it again if my Master permits, but you know it is very far away. But maybe someday I will go rest a few days in Kolkata, and then go to Kunming. That is of course if you will all have me." Master mentioned that the Chinese and Indian people share so much in ancient culture, philosophy, historical events. He said, "You should all come again and again to meet this old fellow you know, who doesn't know Chinese but thanks to my Master I am well enough to meet you all, you see and to exchange a few words and to invite you to the next seminar in October 2013".

One evening, a couple of sisters from Russia came to meet Master to tell him that they were going back and asked Master to give them a message. Master said, "You see, to change the world is not our job. That is a cosmic work. But, we can help by bringing one more, one more, one more, into this, you see, clear heart, loving heart and slowly everything changes. If you put a stone in a pond, the ripples go like that. We must not think that our work is small or big. We just do it. I used to ask Babuji Maharaj so many times, that Babuji, we are doing so much, will there be a result? And Babuji said, never ask that question. So, we don't think about results, just do and have faith that result will follow."

Seminars at Manapakkam



September 4 to 9, 2012

About 630 abhyasis from **Allahabad** center arrived to attend this seminar. Apart from the regular programs of satsanghs, meetings and events that happened during the seminar, the abhyasis also had an opportunity to meet Master a couple of times. All abhyasis assembled in a disciplined manner outside the cottage, and Master came out in the evenings in his wheelchair for a couple of days and met with all the abhyasis. Complete silence was maintained and Master sat for about 10 - 15 minutes with abhyasis.

September 11 to 16, 2012

Abhyasis from **Vishakapatnam** and Dachepalli centers are visiting this week and the abhyasi attendance for this seminar is about 530 abhyasis. Master visited once to the Dorm A and gave a short talk as part of the seminar.

September 18 to 23, 2012

This seminar for abhyasis from **Coastal Andhra Pradesh** included the East Godhavari, West Godhavari and Kakinada centers. The total number of abhyasis was about 430 in number. Master met with all the abhyasis on 22nd, gave them a sitting and a talk. There were daily talks apart from the regular satsanghs and abhyasis participated in all these events.



September 25 to 30, 2012

Abhyasis from Kolkata and all the other **West Bengal** centers, as well as abhyasis from Sikkim and Tripura came together and participated in this seminar. Br. Kamlesh has been very actively involved in this seminar as well as all the other seminars. He gave several talks mainly emphasizing on not disturbing Master in trying to gain nearness to his physical presence but instead focus on the inner presence of the Master and maintain the condition and absorb all that Master is doing for us spiritually. Although Master had planned to come to meet the abhyasis, he could not come due to some road work happening outside the ashram and so he instead met with all the them in Br. Madhava's house itself. There was one day when all Kolkata abhyasis went to meet Master. There was another day when all the Sikkim abhyasis went to meet Master. In this way, Master not only did the spiritual work but he also took the extra effort to meet with all the abhyasis. A total of about 460 abhyasis turned up in this seminar and the ashram was very lively with abhyasis everywhere and a fresh energy was being felt by all.

October 2 to 7, 2012

About seventy abhyasis from **China** and **Far East** came all the way from distant places to participate in this event. Master was getting regular updates on the various events happening and was giving guidance as and when required.



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**October 9th to 14th, 2012**

Around 530 abhyasis from Pune were blessed to enjoy the divine presence under his umbrella in Chennai.

The three powerful satsanghs each day filled everyone. The serene atmosphere, the devotion of volunteers, the eye-opening speeches and the tranquillity in the ashram was something breathtaking. Everyone wanted more of it.

Master came to the hall and spoke. His presence surprised everybody. Another surprise was time spent with Br. Kamlesh in his office where love flowed.

A week was too short but what we got will remain for eons to come. To maintain the condition given by him is our responsibility now. This trip couldn't have been better, so a wholesome and productive visit was enjoyed by all.

Programme at Balagolla, Sri Lanka

On Sunday, 14 October 2012 a grand satsangh was conducted at Balagolla centre in Sri Lanka. Country in Charge — Br Suntharamorthy attended along with Br Prabhat Kumar from Noida, India who is now working in Sri Lanka. Twenty-four abhyasis were present. Satsangh was followed by reading of the Special Whispers message and selected chapters from Master's talks on the importance of attending satsangh.

In his address, Br Suntharamoorthy stressed the importance of regular practice, attending satsanghs and the often neglected aspect of 9 o'clock prayer.

The Global Youth Network

This initiative is to create a worldwide community for the youth of Sahaj Marg. The Internet became the natural starting point and due to overwhelming participation, Webinars were introduced where abhyasis could connect and participate in a cyber gathering. This network will allow promotion of Sahaj Marg initiatives and a means to quickly mobilize large number of volunteers for projects.

The young abhyasi is typically either single or recently married. Many are studying or starting their careers. Life is dynamic and busy, surrounded by a world of temptations and ambition; a period perhaps when the practice is most crucial, yet ironically is sometimes the most neglected.

The first youth webinar took place on June 29th. Br. Bill Waycott encouraged the youth to get involved in the Mission and Br. Santosh Khanjee emphasized importance of discipline in the practice.

On August 25th a group gathered online again. They were from California, Australia, Latin America, Europe, the Middle East and India. Inspiring and beautiful presentations created an atmosphere of love transcending borders of space and time.

To register for news and invitations for this:

<https://docs.google.com/spreadsheet/viewform?formkey=dE8wRmdCR2txVkJNlcXAtTmNCX2d3UHc6MA#gid=0>



Br Prabhat Kumar shared his experience regarding the circumstances that led to his introduction to the Mission. He mentioned that he had the opportunity of learning about Sahaj Marg from Master.

The abhyasis of Balagolla center appreciated and pointed out that these visits seem to be an effective way to encourage and motivate the abhyasis.

The benevolent grace and attention of Master was present throughout the event. The day's event concluded on a memorable and joyous note followed by breakfast and tea.

SRCM in Sri Lanka

Sri Lanka known as the pearl of the Indian Ocean is an island located off the South Eastern coast of India. It takes less than one hour from Meenambakkam Airport in Chennai to reach Sri Lanka. Sri Lanka is famous for the scenic beauty of its natural beaches as well as the mountains and rivers. The country has a splendid atmosphere as well. The native languages are Sinhala and Tamil while English is the second language.

SRCM made its beginning in the country in 1999 with a single abhyasi Br. Suntharamoorthy who was also made a Prefect by Master from the first day of his practice. He had returned to Colombo, Sri Lanka and started a center at his home with one abhyasi. It has been growing gradually and currently the Colombo center has 419 abhyasis according to the register and the average regular abhyasis are around forty.

In 2004, Br. Suntharamoorthy held an Open House at the residence of Mr. Ilagupillai at Balagolla, which is situated in the Central Province of Sri Lanka also known as the Hill Country. Around thirty-five attended the meeting and fifteen of them consented to join immediately. Within a period of two weeks twenty-three had taken introductory sittings. With all the ups and downs experienced by the center, there are 162 abhyasis in the Membership Register at present. An average of fifteen abhyasis attend satsanghs regularly. Mrs. Kamalathevi Subramaniam is the Centre-in-charge of Balagolla.

The abhyasis from Kandy who were coming all the way to Balagolla were requesting for a centre in Kandy, the hill capital. Thus the Kandy Centre came into being on the 24th June 2004, with seven abhyasis. Today, according to the Membership Register, there are 69, while the average attendance is twenty. Mrs. T. Krishnarani is the Centre in Charge of the Kandy Centre.

On 12th June 2011, an open house was held at Karaveddy in Jaffna in the north. Fifteen people attended and six took introductory sittings. Now there are nine regular abhyasis. The Country In-Charge visits this center twice a month. Sunday satsanghs are held at the Community Centre hall and Wednesday satsanghs are held at Mr.V. Sornalingam's house.

By Master's love and grace, the Mission in Sri Lanka is slowly but steadily growing and at present, there are eighty regular abhyasis, four centers and eight prefects.



Harur Ashram, Tamil Nadu

Centre of Light



Harur is a small town situated in Dharmapuri district of Tamil Nadu. It is connected by state highways to big towns like Salem, Dharmapuri and Thiruvannamalai. The old and picturesque Morappur railway station is ten kilometres away.

The inception of this centre took place with the open house conducted by Br. V.K. Somakumar at Vasavi Mahal on 25 September 1995. Out of the 150 people who attended, fifteen took sittings on the same day. Prefects from Tiruppur, Sankagiri and Dharmapuri had come to give sittings to the aspirants and the centre started functioning from October 1995.

Harur ashram is situated on Thirupathur main road about five kilometers from Harur. The search for land had begun in 1998 and an extent of 5 acres at Soriyampatty was purchased and registered on 19 April 2000.

Master visited Harur ashram and inaugurated the meditation hall on 17 February 2001 and stayed for two days. Over three thousand abhyasis and five hundred aspirants were present. In his talk, Master expanded on the idea of 'centre of light' and said, "But this should truly be a centre of light, it should not become a 'Centre of darkness' like an abandoned temple. When does light come? Only if you take a match stick and light the wick in the lamp, then it is light, else it is only darkness. So it is we who have to come and create the light, as the light does not come by itself. So, when we come here, we have to come with a clean heart, if we bring a pure heart, automatically the light will keep growing. It will become radiant."



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The ashram has a beautiful garden with many trees adding to the serenity of environment. The meditation hall measures around 1000 sq.ft. which has an AC sheet roof and the construction was completed in three months in December 2000. Apart from this there is an 864 sq.ft. dormitory along with ample number of toilets and bathrooms. Besides, Master's cottage, the ashram also has a spacious kitchen and serving area with a cool and picturesque grass roof top dining area.

Master visited this ashram for the second time on 16 August 2007 and conducted satsangh. Master has given permission for construction of a permanent Meditation Hall for Harur Ashram.

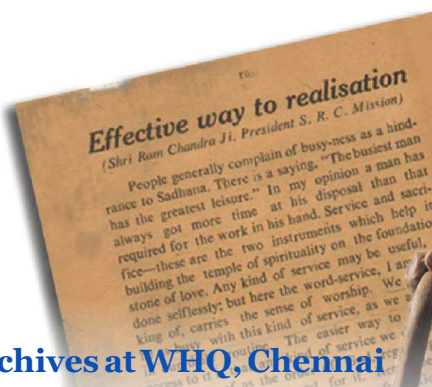


In the adjacent area of the ashram, Shri Chariji Nagar Housing Colony was formed in an area of 7 acres. A total of 90 plots were allotted by Master to the abhyasis for residential purpose. An overhead tank with a capacity of 30,000 liters has been constructed for water supply to the colony.

After Master's visit, sub-centres such as Uthangarai, Singarapettai, Kambainallur, Bommidi, Pappireddipatty, Morappur and Kottapatty have come into existence. In all, about 400 abhyasis are practicing Sahaj Marg in Harur and its sub-centres. Besides satsanghs, the activities of the centre include celebrating the birth anniversaries of the Masters of Sahaj Marg, prefects' meetings and training programmes.

"On the basis of my personal experience I suggest a simple process which can be followed by all quite easily. If one can sell his heart, i.e. make a gift of it to the Divine Master, hardly anything more remains to be done. This shall naturally bring him to the state of absorbency in the Infinite Reality. The adoption of this easy and simple technique makes the beginning of the process the very end of it."

Taken from the book "Complete Works of Ram Chandra, Vol. 3 (1st Indian edn., 1999)", Chapter "Easiest Way to God Realisation", pg. 339, by Babuji Maharaj



Archives at WHQ, Chennai

To preserve the history of our Mission, the Archives Team at WHQ, Manapakkam Ashram is collecting and preserving various Mission artifacts which have historic significance. If you happen to have any such items (e.g. photos, audio, video in any format and medium, old books, magazines or any artifacts that were used by any of the Masters, please kindly consider contributing them to the archives so that they can be preserved for posterity. The Archives team can be contacted at whq.archives@srcm.org.

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